

FSD2322

Tampere Health and Social Survey 2005

Codebook



FINNISH SOCIAL SCIENCE DATA ARCHIVE

The bibliographic citation for this codebook:

Tampere Health and Social Survey 2005 [codebook]. Finnish Social Science Data Archive [producer and distributor], 2018.

This codebook has been generated from the version 2.0 (13.7.2018) of the data.

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To the reader

This codebook is part of the data FSD2322 archived at the FSD (Finnish Social Science Data Archive). The dataset has been described in as much detail as possible in Finnish and English. Variable frequencies, variable and value labels, and missing values have been checked. If necessary, the data have been anonymised. The data and its creators shall be cited in all publications and presentations for which the data have been used. The bibliographic citation may be in the form suggested by the archive or in the form required by the publication. The bibliographic citation suggested by the archive:

Paronen, Olavi (UKK Institute): Tampere Health and Social Survey 2005 [dataset].

Version 2.0 (2018-07-13). Finnish Social Science Data Archive [distributor]. <http://urn.fi/urn:nbn:fi:fsd:TSD2322>

The user shall notify the archive of all publications where she or he has used the data. The original data creators and the archive bear no responsibility for any results or interpretations arising from the reuse of the data.

The codebook contains information on data content, structure and data collection, and includes a list of publications wholly or in part based on the data, according to publication information received by the FSD. The second part of the codebook contains information on variables: question texts, response options, and frequencies. The third part contains indexes.

Variable distributions presented in this codebook have been generated from the SPSS files. Distribution tables present variable values, frequencies (n), frequency percentages (%), and valid percentages (v. %) which take into account missing data. All distributions are unweighted. If the data contain weight variables, these will be found at the end of the variables list. In some cases frequency distributions have been substituted by descriptive statistics. Categorised responses to open-ended questions are not always included in the codebook. Distributions may contain missing data. The note "System missing (SYSMIS)" refers to missing observations (e.g. a respondent has not answered all questions) whereas "Missing (User missing)" refers to data the user has defined as missing. For example, the user may decide to code answer alternatives 'don't want to say' or 'can't say' as missing data.

The codebook may contain attached files, the most common one being the questionnaire.

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Chapter 1

Study description

1.1 Titles

Titles and data version: Tampere Health and Social Survey 2005

Titles and data version in Finnish: Tampereen terveysterveys- ja sosiaalikeskitys 2005

This codebook has been generated from the version 2.0 (13.7.2018) of the data.

1.2 Subject description

Authoring entity

Paronen, Olavi (UKK Institute)

Copyright statement for the data

According to the agreement between FSD and the depositor.

Depositor

Vasankari, Tommi (UKK Institute)

Date of deposit

28.1.2008

Keywords

ability evaluation; exercise; health; health services; need for help; neighbourhoods; physical mobility; safety and security; sleep; sleep disorders; social services

Topic Classification

Fields of Science Classification: medical and health sciences; social sciences

CESSDA Classification: general health and well-being; health behaviour; health care services and policies; signs and symptoms; pathological conditions; social welfare policy; specific social services: use and availability

Series description

The data belong to the series:

Tampere Health and Social Surveys

The Department of Social Services and Health Care in the City of Tampere and the UKK Institute launched this joint research project in 1990. Tampere Health and Social Surveys cover the health of the citizens in Tampere and the use of social and health services. The surveys were carried out in a relatively similar manner every three years from 1990 to 2008. The archive contains the surveys from 1996 onwards. Most of the questions are repeated in all surveys, which allows the datasets to be compared over time.

Abstract

The survey charted the general health, functional ability, and need for help of people living in the city of Tampere (Finland). Other main themes included exercise habits, sleeping habits and problems, use of and satisfaction with social and health services, perceptions of the neighbourhood, and sense of safety and security. Previous surveys were carried out in 1990, 1993 1996, 1999 and 2002.

The respondents were asked about their general health, whether they had a disability, injury or long-standing illness, whether that disability/injury/illness limited their daily activities or work, whether they have certain illnesses, symptoms and risk factors (e.g. high level of cholesterol, diabetes, hypertension or overweight) diagnosed by a doctor, and whether they had suffered lately from mental problems or symptoms such as insomnia, sense of loneliness, sense of distress. One question explored the respondents' functional ability by asking about their capability to perform various daily tasks, such as walking for two kilometres, cleaning the house and climbing stairs.

In connection with exercise habits, the respondents were asked how much and what kind of exercise they take in their free time and whether they walk or cycle daily. They were asked whether they have discussed the necessity of taking exercise with a doctor or a nurse and whether they had been recommended to exercise more. The survey also charted respondents' weight and height. Some questions focused on sleeping problems, average hours of sleep per night, and how many hours of sleep they needed to feel vigorous during the day. One question explored whether the respondents had made any changes in their habits such as increasing the amount of exercise, reducing alcohol use, stopping smoking, losing weight etc.

The survey investigated whether the respondents needed help and for what (e.g. for shopping or for washing themselves), from whom they had received help, and whether the respondents themselves regularly helped someone else.

Use of health services was charted by asking about hospitalization spells and visits to a doctor, a dentist or a nurse. Use of phone and Internet services (online services) provided by the municipal health services were also investigated. Opinions on and satisfaction with the health and social services in Tampere were surveyed with a number of questions. Use of social services was charted by asking about the use of different services. The survey also covered opinions on financing the social and health services, the adequacy of services and which bodies should produce them.

Perceptions of safety and security were charted by asking about how safe the respondents felt being outside in their neighbourhood in the evening, whether they had experienced violence or threats of violence in their neighbourhood, and what kinds of other problems there were (e.g. noise, pollution). The respondents were asked to what extent certain factors (e.g. immigrants, the unemployed, violence) caused them feelings of insecurity or uncertainty. They were also asked to evaluate different aspects of their neighbourhood.

Background variables included the respondent's gender, age, household composition, number of children living at home, education, economic activity and occupational status, duration of possible unemployment, type of employment contract, access to Internet, number of years R had lived in Tampere, and the service unit area where R lived.

1.3 Structure and collection of the data

Country: Finland

Geographic coverage: Finland, Tampere

Analysis or observation unit type: Individual

Universe: Persons aged 15 or over living in Tampere in the beginning of the year 2005 (excluding people living in institutions)

Collection date: January 2005 – 11.2.2005

Data collector(s): UKK Institute; Innolink Research

Data producer(s): City of Tampere; UKK Institute

Mode of data collection: Self-administered questionnaire: Paper, Self-administered questionnaire: Web-based (CAWI)

Type of research instrument: Structured questionnaire

Time period covered: 2004 – 2005

Time method of the data collection: Longitudinal: Trend/Repeated cross-section

Response rate: 64.6%

Number of variables and cases: The data contain 186 variables and 3504 cases.

Sampling procedure: Probability: Simple random

The sample of 3500 persons was randomly drawn from the population register of Tampere, including people aged 15 or over. After people who had been institutionalised, had died or moved away from Tampere had been removed from the sample, the final sample size was 3493 persons. Questionnaires were posted in January 2005, and reminder letters were sent to non-respondents

1. Study description

in February. Some respondents could choose whether to fill in a posted questionnaire or an online Internet survey. UKK Institute carried out the data collection for the postal survey and Innolink Research for the online survey.

Altogether, there were 2255 responses. Gender distribution corresponded well with the target population, even though women were slightly overrepresented and men slightly underrepresented: 60% of respondents were women (53% in the population) and 40% men (47%). Regarding the age distribution, men aged under 45 were underrepresented and people aged between 55 and 75 were overrepresented.

1.4 Use of data

Data appraisal

Variable identifying in which city district the respondent lives has been removed from the data. Responses to open-ended questions are missing.

Non-respondents are included in the data. Variable RESPONSE contains information on whether the sampled person responded or not.

Related publications

Lindström, Kauri (2008). Sosiaalisen turvattomuuden kokemuksia Tampereen eri väestöryhmissä vuosina 1996-2005. Tampere: Tampereen yliopisto. Sosiologian pro gradu -tutkielma.

Luoto, Riitta & Paronen, Olavi & Andersson, Annukka (2008). Tamperelaisten nuorten ja nuorten aikuisten koettu terveys 1990-2005. Sosiaalilääketieteellinen aikakauslehti 45(2),136-145.

Paronen, Olavi & Fogelholm, Mikael & Luoto, Riitta (2006). Tamperelaisen aikuisväestön terveys ja hyvinvointi 2005: Tampereen terveys- ja sosiaalikyselyn päätulokset. Tampere: Tampereen kaupunki, sosiaali- ja terveystoimi. - (Sosiaali- ja terveystoimen julkaisuja ; 1/2006)

Updated list of publications in the study description at

https://services.fsd.uta.fi/catalogue/FSD2322?lang=en&study_language=en

Related material

Paronen, Olavi & Fogelholm, Mikael & Luoto, Riitta (2006). Tamperelaisen aikuisväestön terveys ja hyvinvointi 2005 : Tampereen terveys- ja sosiaalikyselyn päätulokset. Tampere : Tampereen kaupunki, sosiaali- ja terveystoimi. - (Sosiaali- ja terveystoimen julkaisuja ; 1/2006)

Location of the data collection

Finnish Social Science Data Archive

Weighting

There are no weight variables in the data.

Restrictions

The dataset is (B) available for research, teaching and study.

Chapter 2

Variables

[FSD_NO] FSD study number

Question

FSD study number

Descriptive statistics

statistic	value
number of valid cases	3504
minimum	2322.00
maximum	2322.00
mean	2322.00
standard deviation	0.00

[FSD_VR] FSD edition number

Question

FSD edition number

Descriptive statistics

statistic	value
number of valid cases	3504
minimum	2.00
maximum	2.00
mean	2.00
standard deviation	0.00

[FSD_ID] FSD case id

Question

FSD case id

Descriptive statistics

statistic	value
number of valid cases	3504
minimum	1.00
maximum	3504.00
mean	1752.50
standard deviation	1011.66

[Q1] The respondent's gender

Question

The respondent's gender

Frequencies

label	value	n	%	v. %
Male	1	1629	46.5	46.5
Female	2	1875	53.5	53.5
		3504	100.0	100.0

[Q2] The respondent's age

Question

The respondent's age

Descriptive statistics

statistic	value
number of valid cases	3504
minimum	15.00
maximum	98.00
mean	44.69
standard deviation	18.95

[Q4] Number of consecutive years lived in Tampere**Question**

Number of consecutive years lived in Tampere

Descriptive statistics

statistic	value
number of valid cases	2228
minimum	0.00
maximum	89.00
mean	26.79
standard deviation	20.16

[Q5] The respondent's household composition/living arrangements**Question**

The respondent's household composition/living arrangements

Frequencies

label	value	n	%	v. %
Living with parents	1	112	3.2	5.0
Living alone	2	622	17.8	27.7
Living with partner/spouse	3	889	25.4	39.5
Living with partner/spouse and children	4	509	14.5	22.6
Living with children as single parent	5	57	1.6	2.5
Other living arrangement	6	59	1.7	2.6
System missing (SYSMIS)	.	1256	35.8	—
		3504	100.0	100.0

[Q6_1] How many children under the age of 17 live in your household?**Question**

How many children under the age of 17 live in your household?

Frequencies

2. Variables

label	value	n	%	v. %
None	0	1712	48.9	76.3
1 child	1	273	7.8	12.2
2 children	2	202	5.8	9.0
3 children or more	3	58	1.7	2.6
System missing (SYSMIS)	.	1259	35.9	–
		3504	100.0	100.0

[Q6_2] Year of birth of the respondent's youngest child

Question

Year of birth of the respondent's youngest child

Descriptive statistics

statistic	value
number of valid cases	524
minimum	1984.00
maximum	2005.00
mean	1996.28
standard deviation	5.39

[Q7] The respondent's education

Question

The respondent's education

Frequencies

label	value	n	%	v. %
Primary or lower secondary education	1	616	17.6	27.5
Upper secondary education (general)	2	224	6.4	10.0
Upper secondary education (vocational)	3	516	14.7	23.0
College level vocational education (post-secondary)	4	384	11.0	17.1
Polytechnic or lower academic degree (B.A. or equivalent)	5	230	6.6	10.2
Higher academic degree (M.A. or equivalent or higher)	6	274	7.8	12.2
System missing (SYSMIS)	.	1260	36.0	–
		3504	100.0	100.0

[Q8] The respondent's economic activity and employment status

Question

The respondent's economic activity and employment status

Frequencies

label	value	n	%	v. %
Employee in full-time work	1	881	25.1	39.2
Employee in part-time work or on part-time pension	2	113	3.2	5.0
Employer, self-employed, own account worker, farmer	3	102	2.9	4.5
On maternity/paternity/parental or child care leave	4	41	1.2	1.8
Unemployed or laid-off	5	134	3.8	6.0
On long-term sick leave	6	13	0.4	0.6
Retired, pensioner	7	628	17.9	27.9
Homemaker	8	15	0.4	0.7
Student	9	294	8.4	13.1
Other	10	6	0.2	0.3
In subsidised employment	11	14	0.4	0.6
Conscripted for military service	12	3	0.1	0.1
On job alternation leave	13	3	0.1	0.1
System missing (SYSMIS)	.	1257	35.9	—
		3504	100.0	100.0

[Q9] If you are unemployed, for how many months have you been continuously unemployed?

Question

If you are unemployed, for how many months have you been continuously unemployed?

Descriptive statistics

statistic	value
number of valid cases	130
minimum	0.00
maximum	239.00
mean	33.31
standard deviation	47.95

[Q10] Type of contract**Question***Type of contract***Frequencies**

label	value	n	%	v. %
Permanent or open-ended contract	1	1002	28.6	45.9
Fixed-term contract, over 6 months	2	93	2.7	4.3
Fixed-term contract, 6 months or under, or other temporary contract	3	97	2.8	4.4
Not in employment, no contract	4	989	28.2	45.3
System missing (SYSMIS)	.	1323	37.8	–
		3504	100.0	100.0

[Q11_1] Do you have access to a computer with internet connection? At home**Question***Do you have access to a computer with internet connection? At home***Frequencies**

label	value	n	%	v. %
No	0	1040	29.7	46.9
Yes	1	1179	33.6	53.1
System missing (SYSMIS)	.	1285	36.7	–
		3504	100.0	100.0

[Q11_2] Do you have access to a computer with internet connection? At work or school/educational institution**Question***Do you have access to a computer with internet connection? At work or school/educational institution***Frequencies**

label	value	n	%	v. %
No	0	1311	37.4	59.1
Yes	1	908	25.9	40.9
System missing (SYSMIS)	.	1285	36.7	–
		3504	100.0	100.0

[Q11_3] Do you have access to a computer with internet connection? Somewhere else

Question

Do you have access to a computer with internet connection? Somewhere else

Frequencies

label	value	n	%	v. %
No	0	2113	60.3	95.3
Yes	1	104	3.0	4.7
System missing (SYSMIS)	.	1287	36.7	–
		3504	100.0	100.0

[Q12] In general, would you say your health is now...

Question

In general, would you say your health is now...

Frequencies

label	value	n	%	v. %
Good	1	793	22.6	35.3
Fairly good	2	731	20.9	32.6
Fair	3	551	15.7	24.5
Fairly poor	4	132	3.8	5.9
Poor	5	38	1.1	1.7
System missing (SYSMIS)	.	1259	35.9	–
		3504	100.0	100.0

[Q13] Do you have any long-standing illness, a chronic condition or disability?

Question

Do you have any long-standing illness, a chronic condition or disability?

2. Variables

Frequencies

label	value	n	%	v. %
No	1	1314	37.5	58.7
Yes	2	926	26.4	41.3
System missing (SYSMIS)	.	1264	36.1	–
		3504	100.0	100.0

[Q14] Does your illness or disability limit your work or daily activities?

Question

Does your illness or disability limit your work or daily activities?

Frequencies

label	value	n	%	v. %
No illness or disability	1	1187	33.9	53.1
Does not limit at all	2	360	10.3	16.1
Limits to some extent	3	539	15.4	24.1
Limits to a great extent	4	148	4.2	6.6
System missing (SYSMIS)	.	1270	36.2	–
		3504	100.0	100.0

[Q15_1] Has a doctor diagnosed that you have any of the following: Coronary artery disease?

Question

Has a doctor diagnosed that you have any of the following: Coronary artery disease?

Frequencies

label	value	n	%	v. %
No	0	2144	61.2	95.1
Yes	1	111	3.2	4.9
System missing (SYSMIS)	.	1249	35.6	–
		3504	100.0	100.0

[Q15_2] Has a doctor diagnosed that you have any of the following: High blood pressure?

Question

Has a doctor diagnosed that you have any of the following: High blood pressure?

Frequencies

label	value	n	%	v. %
No	0	1695	48.4	75.3
Yes	1	556	15.9	24.7
System missing (SYSMIS)	.	1253	35.8	—
		3504	100.0	100.0

[Q15_3] Has a doctor diagnosed that you have any of the following: High cholesterol level?

Question

Has a doctor diagnosed that you have any of the following: High cholesterol level?

Frequencies

label	value	n	%	v. %
No	0	1862	53.1	82.9
Yes	1	384	11.0	17.1
System missing (SYSMIS)	.	1258	35.9	—
		3504	100.0	100.0

[Q15_4] Has a doctor diagnosed that you have any of the following: Overweight or obesity?

Question

Has a doctor diagnosed that you have any of the following: Overweight or obesity?

Frequencies

label	value	n	%	v. %
No	0	1966	56.1	87.3

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2. Variables

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label	value	n	%	v. %
Yes	1	287	8.2	12.7
System missing (SYSMIS)	.	1251	35.7	–
		3504	100.0	100.0

[Q15_5] Has a doctor diagnosed that you have any of the following: Asthma?

Question

Has a doctor diagnosed that you have any of the following: Asthma?

Frequencies

label	value	n	%	v. %
No	0	2117	60.4	93.9
Yes	1	138	3.9	6.1
System missing (SYSMIS)	.	1249	35.6	–
		3504	100.0	100.0

[Q15_6] Has a doctor diagnosed that you have any of the following: Type 1 diabetes?

Question

Has a doctor diagnosed that you have any of the following: Type 1 diabetes?

Frequencies

label	value	n	%	v. %
No	0	2234	63.8	99.1
Yes	1	20	0.6	0.9
System missing (SYSMIS)	.	1250	35.7	–
		3504	100.0	100.0

[Q15_7] Has a doctor diagnosed that you have any of the following: Type 2 diabetes?

Question

Has a doctor diagnosed that you have any of the following: Type 2 diabetes?

Frequencies

label	value	n	%	v. %
No	0	2137	61.0	94.9
Yes	1	116	3.3	5.1
System missing (SYSMIS)	.	1251	35.7	–
		3504	100.0	100.0

[Q15_8] Has a doctor diagnosed that you have any of the following: Arthrosis in lower extremities?**Question**

Has a doctor diagnosed that you have any of the following: Arthrosis in lower extremities?

Frequencies

label	value	n	%	v. %
No	0	1955	55.8	86.8
Yes	1	297	8.5	13.2
System missing (SYSMIS)	.	1252	35.7	–
		3504	100.0	100.0

[Q15_9] Has a doctor diagnosed that you have any of the following: Rheumatoid arthritis or other inflammatory joint disease?**Question**

Has a doctor diagnosed that you have any of the following: Rheumatoid arthritis or other inflammatory joint disease?

Frequencies

label	value	n	%	v. %
No	0	2155	61.5	95.7
Yes	1	98	2.8	4.3
System missing (SYSMIS)	.	1251	35.7	–
		3504	100.0	100.0

[Q15_10] Has a doctor diagnosed that you have any of the following: Chronic or recurring back pain?

Question

Has a doctor diagnosed that you have any of the following: Chronic or recurring back pain?

Frequencies

label	value	n	%	v. %
No	0	1913	54.6	84.9
Yes	1	340	9.7	15.1
System missing (SYSMIS)	.	1251	35.7	–
		3504	100.0	100.0

[Q15_11] Has a doctor diagnosed that you have any of the following: Chronic or recurring neck-shoulder problems?

Question

Has a doctor diagnosed that you have any of the following: Chronic or recurring neck-shoulder problems?

Frequencies

label	value	n	%	v. %
No	0	1902	54.3	84.4
Yes	1	352	10.0	15.6
System missing (SYSMIS)	.	1250	35.7	–
		3504	100.0	100.0

[Q15_12] Has a doctor diagnosed that you have any of the following: Osteoporosis, possibly with fractures?

Question

Has a doctor diagnosed that you have any of the following: Osteoporosis, possibly with fractures?

Frequencies

label	value	n	%	v. %
No	0	2196	62.7	97.4
Yes	1	58	1.7	2.6
System missing (SYSMIS)	.	1250	35.7	—
		3504	100.0	100.0

[Q15_13] Has a doctor diagnosed that you have any of the following: Depression?

Question

Has a doctor diagnosed that you have any of the following: Depression?

Frequencies

label	value	n	%	v. %
No	0	2048	58.4	90.9
Yes	1	205	5.9	9.1
System missing (SYSMIS)	.	1251	35.7	—
		3504	100.0	100.0

[Q16_1] Have you had any of the following problems or symptoms recently: Overstrain?

Question

Have you had any of the following problems or symptoms recently: Overstrain?

Frequencies

label	value	n	%	v. %
No	1	1096	31.3	50.1
Occasionally	2	860	24.5	39.3
Fairly often	3	187	5.3	8.6
Often/continuously	4	43	1.2	2.0
System missing (SYSMIS)	.	1318	37.6	—
		3504	100.0	100.0

[Q16_2] Have you had any of the following problems or symptoms recently: Depression, feeling low?

Question

Have you had any of the following problems or symptoms recently: Depression, feeling low?

Frequencies

label	value	n	%	v. %
No	1	1126	32.1	51.3
Occasionally	2	852	24.3	38.9
Fairly often	3	163	4.7	7.4
Often/continuously	4	52	1.5	2.4
System missing (SYSMIS)	.	1311	37.4	–
		3504	100.0	100.0

**[Q16_3] Have you had any of the following problems or symptoms recently:
Tension, anxiety?**

Question

Have you had any of the following problems or symptoms recently: Tension, anxiety?

Frequencies

label	value	n	%	v. %
No	1	1076	30.7	49.3
Occasionally	2	907	25.9	41.6
Fairly often	3	163	4.7	7.5
Often/continuously	4	35	1.0	1.6
System missing (SYSMIS)	.	1323	37.8	–
		3504	100.0	100.0

**[Q16_4] Have you had any of the following problems or symptoms recently:
Overall fatigue?**

Question

Have you had any of the following problems or symptoms recently: Overall fatigue?

Frequencies

label	value	n	%	v. %
No	1	660	18.8	30.2
Occasionally	2	1086	31.0	49.7
Fairly often	3	342	9.8	15.7
Often/continuously	4	97	2.8	4.4
System missing (SYSMIS)	.	1319	37.6	–

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label	value	n	%	v. %
		3504	100.0	100.0

**[Q16_5] Have you had any of the following problems or symptoms recently:
Insomnia?**

Question

Have you had any of the following problems or symptoms recently: Insomnia?

Frequencies

label	value	n	%	v. %
No	1	1036	29.6	47.3
Occasionally	2	777	22.2	35.4
Fairly often	3	264	7.5	12.0
Often/continuously	4	115	3.3	5.2
System missing (SYSMIS)	.	1312	37.4	–
		3504	100.0	100.0

**[Q16_6] Have you had any of the following problems or symptoms recently:
Feeling of loneliness?**

Question

Have you had any of the following problems or symptoms recently: Feeling of loneliness?

Frequencies

label	value	n	%	v. %
No	1	1531	43.7	70.2
Occasionally	2	498	14.2	22.8
Fairly often	3	105	3.0	4.8
Often/continuously	4	48	1.4	2.2
System missing (SYSMIS)	.	1322	37.7	–
		3504	100.0	100.0

[Q16_7] Have you had any of the following problems or symptoms recently: Irritability?

Question

Have you had any of the following problems or symptoms recently: Irritability?

Frequencies

label	value	n	%	v. %
No	1	1005	28.7	46.1
Occasionally	2	979	27.9	44.9
Fairly often	3	166	4.7	7.6
Often/continuously	4	31	0.9	1.4
System missing (SYSMIS)	.	1323	37.8	–
		3504	100.0	100.0

[Q16_8] Have you had any of the following problems or symptoms recently: Problems with memory?

Question

Have you had any of the following problems or symptoms recently: Problems with memory?

Frequencies

label	value	n	%	v. %
No	1	1102	31.4	50.1
Occasionally	2	861	24.6	39.1
Fairly often	3	174	5.0	7.9
Often/continuously	4	63	1.8	2.9
System missing (SYSMIS)	.	1304	37.2	–
		3504	100.0	100.0

[Q17] Does any of the problems or symptoms you mentioned (question 16) limit your everyday activities?

Question

Does any of the problems or symptoms you mentioned (question 16) limit your everyday activities?

Frequencies

label	value	n	%	v. %
No symptoms/problems	1	1005	28.7	46.0
To some extent	2	965	27.5	44.1
A lot, but I have not sought help	3	78	2.2	3.6
A lot and I have sought help	4	138	3.9	6.3
System missing (SYSMIS)	.	1318	37.6	–
		3504	100.0	100.0

[Q18_1] These days, how well are you able to: Do heavy housework (e.g. spring cleaning)?

Question

These days, how well are you able to: Do heavy housework (e.g. spring cleaning)?

Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	1573	44.9	70.5
I'm able to do, but with some difficulty	2	415	11.8	18.6
Very difficult for me to do	3	118	3.4	5.3
I can't do at all	4	124	3.5	5.6
System missing (SYSMIS)	.	1274	36.4	–
		3504	100.0	100.0

[Q18_2] These days, how well are you able to: Climb 2-3 flights of stairs without stopping?

Question

These days, how well are you able to: Climb 2-3 flights of stairs without stopping?

Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	1785	50.9	80.6
I'm able to do, but with some difficulty	2	284	8.1	12.8
Very difficult for me to do	3	80	2.3	3.6
I can't do at all	4	67	1.9	3.0
System missing (SYSMIS)	.	1288	36.8	–
		3504	100.0	100.0

[Q18_3] These days, how well are you able to: Walk 2 km on a road or street without stopping and without carrying anything?

Question

These days, how well are you able to: Walk 2 km on a road or street without stopping and without carrying anything?

Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	1871	53.4	83.8
I'm able to do, but with some difficulty	2	197	5.6	8.8
Very difficult for me to do	3	66	1.9	3.0
I can't do at all	4	99	2.8	4.4
System missing (SYSMIS)	.	1271	36.3	–
		3504	100.0	100.0

[Q18_4] These days, how well are you able to: Walk 2 km on a road or street without stopping while carrying a 5 kg bag?

Question

These days, how well are you able to: Walk 2 km on a road or street without stopping while carrying a 5 kg bag?

Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	1439	41.1	64.6
I'm able to do, but with some difficulty	2	470	13.4	21.1
Very difficult for me to do	3	126	3.6	5.7
I can't do at all	4	191	5.5	8.6
System missing (SYSMIS)	.	1278	36.5	–
		3504	100.0	100.0

[Q18_5] These days, how well are you able to: Run a short distance (about 100 m)?

Question

These days, how well are you able to: Run a short distance (about 100 m)?

Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	1442	41.2	65.1
I'm able to do, but with some difficulty	2	386	11.0	17.4
Very difficult for me to do	3	125	3.6	5.6
I can't do at all	4	261	7.4	11.8
System missing (SYSMIS)	.	1290	36.8	–
		3504	100.0	100.0

[Q18_6] These days, how well are you able to: Run or jog 2 km?**Question**

These days, how well are you able to: Run or jog 2 km?

Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	698	19.9	31.7
I'm able to do, but with some difficulty	2	694	19.8	31.5
Very difficult for me to do	3	280	8.0	12.7
I can't do at all	4	528	15.1	24.0
System missing (SYSMIS)	.	1304	37.2	–
		3504	100.0	100.0

[Q18_7] These days, how well are you able to: Kneel or bend?**Question**

These days, how well are you able to: Kneel or bend?

Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	1548	44.2	69.6
I'm able to do, but with some difficulty	2	464	13.2	20.9
Very difficult for me to do	3	136	3.9	6.1
I can't do at all	4	77	2.2	3.5
System missing (SYSMIS)	.	1279	36.5	–
		3504	100.0	100.0

[Q19] How often, on average, do you do physical activities/exercise in your leisure time?

Question

How often, on average, do you do physical activities/exercise in your leisure time?

Frequencies

label	value	n	%	v. %
No physical activities; I read, watch television etc	1	695	19.8	32.9
Light exercise (walking, cycling) at least 4 hours a week	2	858	24.5	40.6
Moderate exercise at least 3 hours a week	3	515	14.7	24.4
Vigorous training for competitive sports regularly	4	44	1.3	2.1
System missing (SYSMIS)	.	1392	39.7	–
		3504	100.0	100.0

[Q20] In your leisure time, how often do you take physical exercise that lasts at least 30 minutes and makes you breathe more heavily and sweat at least a little?

Question

In your leisure time, how often do you take physical exercise that lasts at least 30 minutes and makes you breathe more heavily and sweat at least a little?

Frequencies

label	value	n	%	v. %
6-7 times a week	1	169	4.8	7.6
3-5 times a week	2	780	22.3	35.0
1-2 times a week	3	699	19.9	31.3
A few times a month	4	290	8.3	13.0
Less often or not at all	5	229	6.5	10.3
I can't do physical activities due to illness/disability	6	63	1.8	2.8
System missing (SYSMIS)	.	1274	36.4	–
		3504	100.0	100.0

[Q21] On average, how many minutes a day do you walk or cycle to get from one place to another (e.g. to go to work or shopping)?

Question

On average, how many minutes a day do you walk or cycle to get from one place to another (e.g. to go to work or shopping)?

Frequencies

label	value	n	%	v. %
I don't cycle or walk daily to get from one place to another	1	324	9.2	14.7
Under 15 minutes a day	2	282	8.0	12.8
15-29 minutes a day	3	689	19.7	31.3
30-59 minutes a day	4	615	17.6	27.9
60 minutes a day or over	5	294	8.4	13.3
System missing (SYSMIS)	.	1300	37.1	—
		3504	100.0	100.0

[Q22] During the past 12 months, have you discussed the importance of exercise with a doctor or public health nurse or received recommendations to exercise more?

Question

During the past 12 months, have you discussed the importance of exercise with a doctor or public health nurse or received recommendations to exercise more?

Frequencies

label	value	n	%	v. %
I have not visited a doctor or nurse	1	549	15.7	25.0
There has been no need to discuss exercising	2	1147	32.7	52.2
I have not discussed exercising, but would have wanted to	3	73	2.1	3.3
Doctor or nurse has recm. exercising more/given instructions	4	429	12.2	19.5
System missing (SYSMIS)	.	1306	37.3	—
		3504	100.0	100.0

[Q23_1] During the past 12 months, have you participated in organised sports activities (e.g. gymnastics or ball game classes, water gymnastics or dance classes)?

Question

During the past 12 months, have you participated in organised sports activities (e.g. gymnastics or ball game classes, water gymnastics or dance classes)?

Frequencies

label	value	n	%	v. %
I have not participated, no need or willingness to participate	1	923	26.3	42.4
I have not participated, but would have wanted to	2	411	11.7	18.9
I have participated	3	843	24.1	38.7
System missing (SYSMIS)	.	1327	37.9	–
		3504	100.0	100.0

[Q23_2] What type of organised sports activities have you participated in: Anaerobic exercise/activities (to increase muscle strength)

Question

What type of organised sports activities have you participated in: Anaerobic exercise/activities (to increase muscle strength)

Frequencies

label	value	n	%	v. %
I have not participated	0	139	4.0	17.1
I have participated	1	673	19.2	82.9
System missing (SYSMIS)	.	2692	76.8	–
		3504	100.0	100.0

[Q23_3] What type of organised sports activities have you participated in: Aerobic exercise/activities (to increase stamina, endurance)

Question

What type of organised sports activities have you participated in: Aerobic exercise/activities (to increase stamina, endurance)

Frequencies

label	value	n	%	v. %
I have not participated	0	631	18.0	77.7
I have participated	1	181	5.2	22.3
System missing (SYSMIS)	.	2692	76.8	–
		3504	100.0	100.0

**[Q23_4] What type of organised sports activites have you participated in:
Team sport**

Question

What type of organised sports activites have you participated in: Team sport

Frequencies

label	value	n	%	v. %
I have not participated	0	722	20.6	88.9
I have participated	1	90	2.6	11.1
System missing (SYSMIS)	.	2692	76.8	–
		3504	100.0	100.0

[Q24_1] In the last three months: Have you had trouble falling asleep?

Question

In the last three months: Have you had trouble falling asleep?

Frequencies

label	value	n	%	v. %
Not at all or less than once a month	1	987	28.2	44.7
Less than once a week	2	546	15.6	24.7
1-2 days a week	3	360	10.3	16.3
3-5 days week	4	143	4.1	6.5
Daily or almost daily	5	172	4.9	7.8
System missing (SYSMIS)	.	1296	37.0	–
		3504	100.0	100.0

[Q24_2] In the last three months: How often have you woken up at night and had trouble falling asleep again?

Question

In the last three months: How often have you woken up at night and had trouble falling asleep again?

Frequencies

label	value	n	%	v. %
Not at all or less than once a month	1	895	25.5	40.8
Less than once a week	2	654	18.7	29.8
1-2 days a week	3	355	10.1	16.2
3-5 days week	4	175	5.0	8.0
Daily or almost daily	5	114	3.3	5.2
System missing (SYSMIS)	.	1311	37.4	—
		3504	100.0	100.0

[Q24_3] In the last three months: How often have you woken up too early in the morning, unable to fall asleep again?

Question

In the last three months: How often have you woken up too early in the morning, unable to fall asleep again?

Frequencies

label	value	n	%	v. %
Not at all or less than once a month	1	1048	29.9	47.8
Less than once a week	2	587	16.8	26.8
1-2 days a week	3	309	8.8	14.1
3-5 days week	4	141	4.0	6.4
Daily or almost daily	5	108	3.1	4.9
System missing (SYSMIS)	.	1311	37.4	—
		3504	100.0	100.0

[Q24_4] In the last three months: Have you felt sleepy during the day?

Question

In the last three months: Have you felt sleepy during the day?

Frequencies

label	value	n	%	v. %
Not at all or less than once a month	1	692	19.7	31.7
Less than once a week	2	627	17.9	28.7
1-2 days a week	3	502	14.3	23.0
3-5 days week	4	191	5.5	8.7
Daily or almost daily	5	172	4.9	7.9
System missing (SYSMIS)	.	1320	37.7	–
		3504	100.0	100.0

[Q25] On average, how many minutes do you sleep in a day (24 hours)?**Question**

On average, how many minutes do you sleep in a day (24 hours)?

Descriptive statistics

statistic	value
number of valid cases	2208
minimum	120.00
maximum	1080.00
mean	437.82
standard deviation	75.82

[Q26] On average, how many minutes do you have to sleep in order to feel attentive and active?**Question**

On average, how many minutes do you have to sleep in order to feel attentive and active?

Descriptive statistics

statistic	value
number of valid cases	2176
minimum	210.00
maximum	1440.00
mean	471.98
standard deviation	79.49

[Q27_1] During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less fat?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less fat?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	562	16.0	25.8
I have succeeded in changing	2	1053	30.1	48.3
I have tried to change without succeeding	3	210	6.0	9.6
I have not changed yet, but I'm going to	4	82	2.3	3.8
I have not changed and I'm not going to	5	272	7.8	12.5
System missing (SYSMIS)	.	1325	37.8	—
		3504	100.0	100.0

[Q27_2] During the past 12 months, have you changed or tried to change the following habits for health reasons: Changed the type of fat you eat?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Changed the type of fat you eat?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	551	15.7	25.7
I have succeeded in changing	2	1092	31.2	50.9
I have tried to change without succeeding	3	103	2.9	4.8
I have not changed yet, but I'm going to	4	63	1.8	2.9
I have not changed and I'm not going to	5	338	9.6	15.7
System missing (SYSMIS)	.	1357	38.7	—
		3504	100.0	100.0

[Q27_3] During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less salt?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less salt?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	758	21.6	35.3
I have succeeded in changing	2	795	22.7	37.0
I have tried to change without succeeding	3	166	4.7	7.7
I have not changed yet, but I'm going to	4	63	1.8	2.9
I have not changed and I'm not going to	5	364	10.4	17.0
System missing (SYSMIS)	.	1358	38.8	—
		3504	100.0	100.0

[Q27_4] During the past 12 months, have you changed or tried to change the following habits for health reasons: Taken more exercise?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Taken more exercise?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	488	13.9	23.4
I have succeeded in changing	2	698	19.9	33.4
I have tried to change without succeeding	3	413	11.8	19.8
I have not changed yet, but I'm going to	4	288	8.2	13.8
I have not changed and I'm not going to	5	202	5.8	9.7
System missing (SYSMIS)	.	1415	40.4	—
		3504	100.0	100.0

[Q27_5] During the past 12 months, have you changed or tried to change the following habits for health reasons: Drunk less alcohol?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Drunk less alcohol?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	1123	32.0	53.2
I have succeeded in changing	2	453	12.9	21.5
I have tried to change without succeeding	3	116	3.3	5.5
I have not changed yet, but I'm going to	4	106	3.0	5.0
I have not changed and I'm not going to	5	311	8.9	14.7
System missing (SYSMIS)	.	1395	39.8	—
		3504	100.0	100.0

[Q27_6] During the past 12 months, have you changed or tried to change the following habits for health reasons: Given up smoking?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Given up smoking?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	1359	38.8	64.8
I have succeeded in changing	2	267	7.6	12.7
I have tried to change without succeeding	3	147	4.2	7.0
I have not changed yet, but I'm going to	4	106	3.0	5.1
I have not changed and I'm not going to	5	217	6.2	10.4
System missing (SYSMIS)	.	1408	40.2	—
		3504	100.0	100.0

[Q27_7] During the past 12 months, have you changed or tried to change the following habits for health reasons: Dieted (lost weight)?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Dieted (lost weight)?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	730	20.8	34.9
I have succeeded in changing	2	464	13.2	22.2
I have tried to change without succeeding	3	477	13.6	22.8
I have not changed yet, but I'm going to	4	173	4.9	8.3
I have not changed and I'm not going to	5	250	7.1	11.9
System missing (SYSMIS)	.	1410	40.2	—
		3504	100.0	100.0

[Q27_8] During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten more fruit and vegetables?

Question

During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten more fruit and vegetables?

Frequencies

label	value	n	%	v. %
I have always lived in a healthy way, no need for change	1	714	20.4	32.7
I have succeeded in changing	2	963	27.5	44.1
I have tried to change without succeeding	3	218	6.2	10.0
I have not changed yet, but I'm going to	4	117	3.3	5.4
I have not changed and I'm not going to	5	174	5.0	8.0
System missing (SYSMIS)	.	1318	37.6	—
		3504	100.0	100.0

[Q28_1] How tall are you (cm)?

Question

How tall are you (cm)?

Descriptive statistics

statistic	value
number of valid cases	2210
minimum	124.00
maximum	196.00
mean	170.21
standard deviation	9.24

[Q28_2] How much do you weigh (kg)?

Question

How much do you weigh (kg)?

Descriptive statistics

statistic	value
number of valid cases	2203
minimum	40.00
maximum	185.00
mean	73.97
standard deviation	15.22

[Q29_1] Did you receive outside help or assistance for the following last year (2004): Household work?

Question

Did you receive outside help or assistance for the following last year (2004): Household work?

Frequencies

label	value	n	%	v. %
Yes, I received help	1	191	5.5	8.7

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label	value	n	%	v. %
No, I did not receive but would have needed	2	93	2.7	4.2
I did not need help	3	1912	54.6	87.1
System missing (SYSMIS)	.	1308	37.3	—
		3504	100.0	100.0

[Q29_2] Did you receive outside help or assistance for the following last year (2004): Child care at home?

Question

Did you receive outside help or assistance for the following last year (2004): Child care at home?

Frequencies

label	value	n	%	v. %
Yes, I received help	1	154	4.4	7.2
No, I did not receive but would have needed	2	31	0.9	1.5
I did not need help	3	1950	55.7	91.3
System missing (SYSMIS)	.	1369	39.1	—
		3504	100.0	100.0

[Q29_3] Did you receive outside help or assistance for the following last year (2004): Shopping or other errands?

Question

Did you receive outside help or assistance for the following last year (2004): Shopping or other errands?

Frequencies

label	value	n	%	v. %
Yes, I received help	1	133	3.8	6.2
No, I did not receive but would have needed	2	32	0.9	1.5
I did not need help	3	1988	56.7	92.3
System missing (SYSMIS)	.	1351	38.6	—
		3504	100.0	100.0

[Q29_4] Did you receive outside help or assistance for the following last year (2004): Personal care and support at home (e.g. eating, taking medicine)?

Question

Did you receive outside help or assistance for the following last year (2004): Personal care and support at home (e.g. eating, taking medicine)?

Frequencies

label	value	n	%	v. %
Yes, I received help	1	34	1.0	1.6
No, I did not receive but would have needed	2	24	0.7	1.1
I did not need help	3	2082	59.4	97.3
System missing (SYSMIS)	.	1364	38.9	—
		3504	100.0	100.0

[Q29_5] Did you receive outside help or assistance for the following last year (2004): When needing transport?

Question

Did you receive outside help or assistance for the following last year (2004): When needing transport?

Frequencies

label	value	n	%	v. %
Yes, I received help	1	221	6.3	10.2
No, I did not receive but would have needed	2	46	1.3	2.1
I did not need help	3	1907	54.4	87.7
System missing (SYSMIS)	.	1330	38.0	—
		3504	100.0	100.0

[Q30_1] From whom did you receive outside help last year: Family members not living in your household?

Question

From whom did you receive outside help last year: Family members not living in your household?

Frequencies

label	value	n	%	v. %
Not mentioned	0	3235	92.3	92.3
Mentioned	1	269	7.7	7.7
		3504	100.0	100.0

[Q30_2] From whom did you receive outside help last year: Other relatives?

Question

From whom did you receive outside help last year: Other relatives?

Frequencies

label	value	n	%	v. %
Not mentioned	0	3372	96.2	96.2
Mentioned	1	132	3.8	3.8
		3504	100.0	100.0

[Q30_3] From whom did you receive outside last year: Friends, acquaintances or neighbours?

Question

From whom did you receive outside last year: Friends, acquaintances or neighbours?

Frequencies

label	value	n	%	v. %
Not mentioned	0	3324	94.9	94.9
Mentioned	1	180	5.1	5.1
		3504	100.0	100.0

[Q30_4] From whom did you receive outside help last year: Home services unit of the municipality?

Question

From whom did you receive outside help last year: Home services unit of the municipality?

Frequencies

2. Variables

label	value	n	%	v. %
Not mentioned	0	3429	97.9	97.9
Mentioned	1	75	2.1	2.1
		3504	100.0	100.0

[Q30_5] From whom did you receive outside help last year: Parish or voluntary/civic organisation?

Question

From whom did you receive outside help last year: Parish or voluntary/civic organisation?

Frequencies

label	value	n	%	v. %
Not mentioned	0	3483	99.4	99.4
Mentioned	1	21	0.6	0.6
		3504	100.0	100.0

[Q30_6] From whom did you receive outside help last year: Private home care service provider?

Question

From whom did you receive outside help last year: Private home care service provider?

Frequencies

label	value	n	%	v. %
Not mentioned	0	3438	98.1	98.1
Mentioned	1	66	1.9	1.9
		3504	100.0	100.0

[Q31_1] Do you have in your family or close network an aged, disabled or long-term sick person whom you help regularly?

Question

Do you have in your family or close network an aged, disabled or long-term sick person whom you help regularly?

Frequencies

label	value	n	%	v. %
No	1	1877	53.6	85.0
Yes	2	331	9.4	15.0
System missing (SYSMIS)	.	1296	37.0	–
		3504	100.0	100.0

[Q31_2] (IF Q31_1=YES) Is the person you help: A family member?

Question

(IF Q31_1=YES) Is the person you help: A family member?

Frequencies

label	value	n	%	v. %
No	0	277	7.9	62.4
Yes	1	167	4.8	37.6
System missing (SYSMIS)	.	3060	87.3	–
		3504	100.0	100.0

[Q31_3] (IF Q31_1=YES) Is the person you help: Other relative?

Question

(IF Q31_1=YES) Is the person you help: Other relative?

Frequencies

label	value	n	%	v. %
No	0	309	8.8	69.6
Yes	1	135	3.9	30.4
System missing (SYSMIS)	.	3060	87.3	–
		3504	100.0	100.0

[Q31_4] (IF Q31_1=YES) Is the person you help: A neighbour?

Question

(IF Q31_1=YES) Is the person you help: A neighbour?

Frequencies

2. Variables

label	value	n	%	v. %
No	0	433	12.4	97.5
Yes	1	11	0.3	2.5
System missing (SYSMIS)	.	3060	87.3	–
		3504	100.0	100.0

[Q31_5] (IF Q31_1=YES) Is the person you help: A friend or acquaintance?

Question

(IF Q31_1=YES) Is the person you help: A friend or acquaintance?

Frequencies

label	value	n	%	v. %
No	0	425	12.1	95.7
Yes	1	19	0.5	4.3
System missing (SYSMIS)	.	3060	87.3	–
		3504	100.0	100.0

[Q31_6] (IF Q31_1=YES) Is the person you help: Someone else?

Question

(IF Q31_1=YES) Is the person you help: Someone else?

Frequencies

label	value	n	%	v. %
No	0	430	12.3	96.8
Yes	1	14	0.4	3.2
System missing (SYSMIS)	.	3060	87.3	–
		3504	100.0	100.0

[Q32_1] Did you receive inpatient care in a hospital ward last year (2004)? (Translator note: i.e. admitted to hospital and required to stay overnight or longer)?

Question

Did you receive inpatient care in a hospital ward last year (2004)? (Translator note: i.e. admitted to hospital and required to stay overnight or longer)?

Frequencies

label	value	n	%	v. %
No	1	1987	56.7	88.7
Yes	2	253	7.2	11.3
System missing (SYSMIS)	.	1264	36.1	–
		3504	100.0	100.0

[Q32_2] (IF Q32_1=YES) For how many days did you stay in hospital as an inpatient?**Question**

(IF Q32_1=YES) For how many days did you stay in hospital as an inpatient?

Descriptive statistics

statistic	value
number of valid cases	2235
minimum	0.00
maximum	180.00
mean	1.06
standard deviation	6.46

[Q33_1] Did you visit a doctor for an illness last year?**Question**

Did you visit a doctor for an illness last year?

Frequencies

label	value	n	%	v. %
No	1	627	17.9	28.0
Yes	2	1609	45.9	72.0
System missing (SYSMIS)	.	1268	36.2	–
		3504	100.0	100.0

[Q33_2] (IF Q33_1=YES) How many times did you visit a doctor?**Question**

(IF Q33_1=YES) How many times did you visit a doctor?

Descriptive statistics

statistic	value
number of valid cases	2166
minimum	0.00
maximum	48.00
mean	2.80
standard deviation	3.69

[Q34_1] Did you visit last year: Family doctor (general practitioner, GP) in a municipal health centre**Question**

Did you visit last year: Family doctor (general practitioner, GP) in a municipal health centre

Frequencies

label	value	n	%	v. %
Did not visit	0	1432	40.9	63.8
Visited	1	811	23.1	36.2
System missing (SYSMIS)	.	1261	36.0	–
		3504	100.0	100.0

[Q34_2] Did you visit last year: Other GP in a health centre**Question**

Did you visit last year: Other GP in a health centre

Frequencies

label	value	n	%	v. %
Did not visit	0	2087	59.6	93.0
Visited	1	156	4.5	7.0
System missing (SYSMIS)	.	1261	36.0	–
		3504	100.0	100.0

[Q34_3] Did you visit last year: Doctor in an occupational health care facility

Question

Did you visit last year: Doctor in an occupational health care facility

Frequencies

label	value	n	%	v. %
Did not visit	0	1632	46.6	72.8
Visited	1	610	17.4	27.2
System missing (SYSMIS)	.	1262	36.0	—
		3504	100.0	100.0

[Q34_4] Did you visit last year: Doctor in a mental health care clinic

Question

Did you visit last year: Doctor in a mental health care clinic

Frequencies

label	value	n	%	v. %
Did not visit	0	2194	62.6	97.9
Visited	1	48	1.4	2.1
System missing (SYSMIS)	.	1262	36.0	—
		3504	100.0	100.0

[Q34_5] Did you visit last year: Doctor in a school or other educational institution

Question

Did you visit last year: Doctor in a school or other educational institution

Frequencies

label	value	n	%	v. %
Did not visit	0	2111	60.2	94.1
Visited	1	132	3.8	5.9

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
System missing (SYSMIS)	.	1261	36.0	–
		3504	100.0	100.0

[Q34_6] Did you visit last year: Doctor in the Hatanpää emergency health care facility

Question

Did you visit last year: Doctor in the Hatanpää emergency health care facility

Frequencies

label	value	n	%	v. %
Did not visit	0	1942	55.4	86.6
Visited	1	300	8.6	13.4
System missing (SYSMIS)	.	1262	36.0	–
		3504	100.0	100.0

[Q34_7] Did you visit last year: Doctor in the emergency department of the Tampere University Hospital

Question

Did you visit last year: Doctor in the emergency department of the Tampere University Hospital

Frequencies

label	value	n	%	v. %
Did not visit	0	2111	60.2	94.1
Visited	1	132	3.8	5.9
System missing (SYSMIS)	.	1261	36.0	–
		3504	100.0	100.0

[Q34_8] Did you visit last year: Doctor in a private health care facility

Question

Did you visit last year: Doctor in a private health care facility

Frequencies

label	value	n	%	v. %
Did not visit	0	1623	46.3	72.4
Visited	1	620	17.7	27.6
System missing (SYSMIS)	.	1261	36.0	–
		3504	100.0	100.0

[Q34_9] Did you visit last year: Doctor in a specialist clinic in hospital

Question

Did you visit last year: Doctor in a specialist clinic in hospital

Frequencies

label	value	n	%	v. %
Did not visit	0	1821	52.0	81.2
Visited	1	422	12.0	18.8
System missing (SYSMIS)	.	1261	36.0	–
		3504	100.0	100.0

[Q34_10] Did you visit last year: Other doctor

Question

Did you visit last year: Other doctor

Frequencies

label	value	n	%	v. %
Did not visit	0	2125	60.6	94.8
Visited	1	117	3.3	5.2
System missing (SYSMIS)	.	1262	36.0	–
		3504	100.0	100.0

[Q34_10A] Did you visit last year: Other doctor, which?

Question

Did you visit last year: Other doctor, which?

[Q35_1] Did you visit a dentist last year?**Question***Did you visit a dentist last year?***Frequencies**

label	value	n	%	v. %
No	1	875	25.0	39.3
Yes	2	1350	38.5	60.7
System missing (SYSMIS)	.	1279	36.5	—
		3504	100.0	100.0

[Q35_2] (IF Q35_1=YES) How many times did you visit a dentist?**Question***(IF Q35_1=YES) How many times did you visit a dentist?***Frequencies**

label	value	n	%	v. %
No visits	0	877	25.0	39.8
	1	451	12.9	20.5
	2	398	11.4	18.1
	3	202	5.8	9.2
	4	109	3.1	5.0
	5	79	2.3	3.6
	6	36	1.0	1.6
	7	8	0.2	0.4
	8	10	0.3	0.5
	9	1	0.0	0.0
	10	18	0.5	0.8
	12	3	0.1	0.1
	13	1	0.0	0.0
	15	3	0.1	0.1
20	5	0.1	0.2	
30	1	0.0	0.0	
System missing (SYSMIS)	.	1302	37.2	—
		3504	100.0	100.0

[Q36_1] Did you visit last year: Dentist in a health centre**Question***Did you visit last year: Dentist in a health centre***Frequencies**

label	value	n	%	v. %
Did not visit	0	1921	54.8	86.2
Visited	1	307	8.8	13.8
System missing (SYSMIS)	.	1276	36.4	–
		3504	100.0	100.0

[Q36_2] Did you visit last year: Dentist in a private dental care facility**Question***Did you visit last year: Dentist in a private dental care facility***Frequencies**

label	value	n	%	v. %
Did not visit	0	1261	36.0	56.6
Visited	1	967	27.6	43.4
System missing (SYSMIS)	.	1276	36.4	–
		3504	100.0	100.0

[Q36_3] Did you visit last year: Other dentist (e.g. in a student health care facility)**Question***Did you visit last year: Other dentist (e.g. in a student health care facility)***Frequencies**

label	value	n	%	v. %
Did not visit	0	2103	60.0	94.4
Visited	1	125	3.6	5.6
System missing (SYSMIS)	.	1276	36.4	–

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
		3504	100.0	100.0

[Q37_1] Did you visit a nurse or public health nurse for an illness last year?

Question

Did you visit a nurse or public health nurse for an illness last year?

Frequencies

label	value	n	%	v. %
No	1	1199	34.2	54.3
Yes	2	1008	28.8	45.7
System missing (SYSMIS)	.	1297	37.0	—
		3504	100.0	100.0

[Q37_2] (IF Q37_1=YES) How many times did you visit a nurse or public health nurse?

Question

(IF Q37_1=YES) How many times did you visit a nurse or public health nurse?

Frequencies

label	value	n	%	v. %
No visits	0	1202	34.3	55.6
	1	311	8.9	14.4
	2	261	7.4	12.1
	3	142	4.1	6.6
	4	64	1.8	3.0
	5	59	1.7	2.7
	6	37	1.1	1.7
	7	9	0.3	0.4
	8	10	0.3	0.5
	9	2	0.1	0.1
	10	28	0.8	1.3
	12	15	0.4	0.7
	14	2	0.1	0.1

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(cont. from previous page)

label	value	n	%	v. %
	15	5	0.1	0.2
	18	1	0.0	0.0
	20	5	0.1	0.2
	30	3	0.1	0.1
	40	1	0.0	0.0
	50	2	0.1	0.1
	52	1	0.0	0.0
	60	1	0.0	0.0
System missing (SYSMIS)	.	1343	38.3	—
		3504	100.0	100.0

[Q38_1] Did you visit last year: Nurse/public health nurse in a general practice facility

Question

Did you visit last year: Nurse/public health nurse in a general practice facility

Frequencies

label	value	n	%	v. %
Did not visit	0	1719	49.1	77.4
Visited	1	501	14.3	22.6
System missing (SYSMIS)	.	1284	36.6	—
		3504	100.0	100.0

[Q38_2] Did you visit last year: Nurse/public health nurse in a maternity or child health clinic

Question

Did you visit last year: Nurse/public health nurse in a maternity or child health clinic

Frequencies

label	value	n	%	v. %
Did not visit	0	2167	61.8	97.7
Visited	1	52	1.5	2.3
System missing (SYSMIS)	.	1285	36.7	—

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
		3504	100.0	100.0

[Q38_3] Did you visit last year: Nurse/public health nurse in an occupational health care facility

Question

Did you visit last year: Nurse/public health nurse in an occupational health care facility

Frequencies

label	value	n	%	v. %
Did not visit	0	1799	51.3	81.0
Visited	1	421	12.0	19.0
System missing (SYSMIS)	.	1284	36.6	—
		3504	100.0	100.0

[Q38_4] Did you visit last year: Nurse/public health nurse in a school or the nurse of other educational institute

Question

Did you visit last year: Nurse/public health nurse in a school or the nurse of other educational institute

Frequencies

label	value	n	%	v. %
Did not visit	0	2077	59.3	93.6
Visited	1	143	4.1	6.4
System missing (SYSMIS)	.	1284	36.6	—
		3504	100.0	100.0

[Q38_5] Did you visit last year: Nurse/public health nurse in an adult health care clinic

Question

Did you visit last year: Nurse/public health nurse in an adult health care clinic

Frequencies

label	value	n	%	v. %
Did not visit	0	2099	59.9	94.5
Visited	1	121	3.5	5.5
System missing (SYSMIS)	.	1284	36.6	–
		3504	100.0	100.0

[Q38_6] Did you visit last year: Nurse/public health nurse in a mental health care clinic**Question**

Did you visit last year: Nurse/public health nurse in a mental health care clinic

Frequencies

label	value	n	%	v. %
Did not visit	0	2202	62.8	99.2
Visited	1	18	0.5	0.8
System missing (SYSMIS)	.	1284	36.6	–
		3504	100.0	100.0

[Q38_7] Did you visit last year: Nurse/public health nurse elsewhere (e.g. diabetes clinic)**Question**

Did you visit last year: Nurse/public health nurse elsewhere (e.g. diabetes clinic)

Frequencies

label	value	n	%	v. %
Did not visit	0	2159	61.6	97.3
Visited	1	59	1.7	2.7
System missing (SYSMIS)	.	1286	36.7	–
		3504	100.0	100.0

[Q39] Did you use the telephone counselling (part of health care services) provided by the city of Tampere last year?

Question

Did you use the telephone counselling (part of health care services) provided by the city of Tampere last year?

Frequencies

label	value	n	%	v. %
No	1	1884	53.8	85.1
Yes	2	331	9.4	14.9
System missing (SYSMIS)	.	1289	36.8	–
		3504	100.0	100.0

[Q40] Did you use the Internet counselling (part of health care services) provided by the city of Tampere last year?

Question

Did you use the Internet counselling (part of health care services) provided by the city of Tampere last year?

Frequencies

label	value	n	%	v. %
No	1	2201	62.8	98.8
Yes	2	26	0.7	1.2
System missing (SYSMIS)	.	1277	36.4	–
		3504	100.0	100.0

[Q41_1] (IF USED) How satisfied are you with the services they provided on a scale of 4-10 (where 4 is the lowest)? Telephone counselling

Question

(IF USED) How satisfied are you with the services they provided on a scale of 4-10 (where 4 is the lowest)? Telephone counselling

Descriptive statistics

statistic	value
number of valid cases	291
minimum	4.00
maximum	10.00
mean	7.78
standard deviation	1.58

[Q41_2] (IF USED) How satisfied are you with the services they provided on a scale of 4-10 (where 4 is the lowest)? Internet counselling

Question

(IF USED) How satisfied are you with the services they provided on a scale of 4-10 (where 4 is the lowest)? Internet counselling

Descriptive statistics

statistic	value
number of valid cases	26
minimum	4.00
maximum	10.00
mean	7.73
standard deviation	1.80

[Q42] Did you receive sufficient help or treatment from the health services provided by the city of Tampere last year?

Question

Did you receive sufficient help or treatment from the health services provided by the city of Tampere last year?

Frequencies

label	value	n	%	v. %
Yes, completely sufficient	1	577	16.5	26.4
Yes, fairly sufficient	2	459	13.1	21.0
Can't say	3	216	6.2	9.9
No, fairly insufficient	4	122	3.5	5.6
No, completely insufficient	5	61	1.7	2.8
I did not use municipal health services last year	6	752	21.5	34.4
System missing (SYSMIS)	.	1317	37.6	—

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2. Variables

(cont. from previous page)

label	value	n	%	v. %
		3504	100.0	100.0

[Q43_1] How satisfied are you with the health services provided by the city of Tampere last year: Family doctor in health care centre

Question

How satisfied are you with the health services provided by the city of Tampere last year: Family doctor in health care centre

Frequencies

label	value	n	%	v. %
Very satisfied	1	366	10.4	16.9
Fairly satisfied	2	406	11.6	18.7
Can't say	3	92	2.6	4.2
Fairly dissatisfied	4	90	2.6	4.1
Very dissatisfied	5	32	0.9	1.5
I did not use the service	6	1184	33.8	54.6
System missing (SYSMIS)	.	1334	38.1	—
		3504	100.0	100.0

[Q43_2] How satisfied are you with the health services provided by the city of Tampere last year: Nurse practice in health care centre

Question

How satisfied are you with the health services provided by the city of Tampere last year: Nurse practice in health care centre

Frequencies

label	value	n	%	v. %
Very satisfied	1	293	8.4	13.7
Fairly satisfied	2	279	8.0	13.1
Can't say	3	96	2.7	4.5
Fairly dissatisfied	4	37	1.1	1.7
Very dissatisfied	5	4	0.1	0.2
I did not use the service	6	1426	40.7	66.8

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(cont. from previous page)

label	value	n	%	v. %
System missing (SYSMIS)	.	1369	39.1	–
		3504	100.0	100.0

[Q43_3] How satisfied are you with the health services provided by the city of Tampere last year: Hatanpää emergency health care

Question

How satisfied are you with the health services provided by the city of Tampere last year: Hatanpää emergency health care

Frequencies

label	value	n	%	v. %
Very satisfied	1	116	3.3	5.4
Fairly satisfied	2	201	5.7	9.4
Can't say	3	76	2.2	3.6
Fairly dissatisfied	4	100	2.9	4.7
Very dissatisfied	5	72	2.1	3.4
I did not use the service	6	1571	44.8	73.5
System missing (SYSMIS)	.	1368	39.0	–
		3504	100.0	100.0

[Q43_4] How satisfied are you with the health services provided by the city of Tampere last year: Hatanpää special clinic

Question

How satisfied are you with the health services provided by the city of Tampere last year: Hatanpää special clinic

Frequencies

label	value	n	%	v. %
Very satisfied	1	142	4.1	6.6
Fairly satisfied	2	122	3.5	5.7
Can't say	3	90	2.6	4.2
Fairly dissatisfied	4	17	0.5	0.8
Very dissatisfied	5	19	0.5	0.9

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2. Variables

(cont. from previous page)

label	value	n	%	v. %
I did not use the service	6	1751	50.0	81.8
System missing (SYSMIS)	.	1363	38.9	–
		3504	100.0	100.0

[Q43_5] How satisfied are you with the health services provided by the city of Tampere last year: Mental health care clinic

Question

How satisfied are you with the health services provided by the city of Tampere last year: Mental health care clinic

Frequencies

label	value	n	%	v. %
Very satisfied	1	21	0.6	1.0
Fairly satisfied	2	20	0.6	0.9
Can't say	3	74	2.1	3.5
Fairly dissatisfied	4	3	0.1	0.1
Very dissatisfied	5	4	0.1	0.2
I did not use the service	6	2013	57.4	94.3
System missing (SYSMIS)	.	1369	39.1	–
		3504	100.0	100.0

[Q43_6] How satisfied are you with the health services provided by the city of Tampere last year: Maternity clinic

Question

How satisfied are you with the health services provided by the city of Tampere last year: Maternity clinic

Frequencies

label	value	n	%	v. %
Very satisfied	1	55	1.6	2.6
Fairly satisfied	2	19	0.5	0.9
Can't say	3	68	1.9	3.2
Fairly dissatisfied	4	3	0.1	0.1

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(cont. from previous page)

label	value	n	%	v. %
Very dissatisfied	5	1	0.0	0.0
I did not use the service	6	1995	56.9	93.2
System missing (SYSMIS)	.	1363	38.9	–
		3504	100.0	100.0

[Q43_7] How satisfied are you with the health services provided by the city of Tampere last year: Child care clinic

Question

How satisfied are you with the health services provided by the city of Tampere last year: Child care clinic

Frequencies

label	value	n	%	v. %
Very satisfied	1	90	2.6	4.2
Fairly satisfied	2	70	2.0	3.3
Can't say	3	67	1.9	3.1
Fairly dissatisfied	4	7	0.2	0.3
Very dissatisfied	5	2	0.1	0.1
I did not use the service	6	1910	54.5	89.0
System missing (SYSMIS)	.	1358	38.8	–
		3504	100.0	100.0

[Q44_1] Did you use the following social services provided by the city of Tampere last year: Child day care services

Question

Did you use the following social services provided by the city of Tampere last year: Child day care services

Frequencies

label	value	n	%	v. %
Yes	1	171	4.9	8.5
No, I did not use, but would have needed	2	3	0.1	0.1
No, I did not need	3	1837	52.4	91.3

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
System missing (SYSMIS)	.	1493	42.6	–
		3504	100.0	100.0

[Q44_2] Did you use the following social services provided by the city of Tampere last year: Home services for families with children

Question

Did you use the following social services provided by the city of Tampere last year: Home services for families with children

Frequencies

label	value	n	%	v. %
Yes	1	20	0.6	1.0
No, I did not use, but would have needed	2	7	0.2	0.4
No, I did not need	3	1952	55.7	98.6
System missing (SYSMIS)	.	1525	43.5	–
		3504	100.0	100.0

[Q44_3] Did you use the following social services provided by the city of Tampere last year: Services for the elderly (home care services, home nursing)

Question

Did you use the following social services provided by the city of Tampere last year: Services for the elderly (home care services, home nursing)

Frequencies

label	value	n	%	v. %
Yes	1	66	1.9	3.3
No, I did not use, but would have needed	2	24	0.7	1.2
No, I did not need	3	1921	54.8	95.5
System missing (SYSMIS)	.	1493	42.6	–
		3504	100.0	100.0

[Q44_4] Did you use the following social services provided by the city of Tampere last year: Social worker services at social welfare offices

Question

Did you use the following social services provided by the city of Tampere last year: Social worker services at social welfare offices

Frequencies

label	value	n	%	v. %
Yes	1	102	2.9	5.2
No, I did not use, but would have needed	2	21	0.6	1.1
No, I did not need	3	1849	52.8	93.8
System missing (SYSMIS)	.	1532	43.7	—
		3504	100.0	100.0

[Q44_5] Did you use the following social services provided by the city of Tampere last year: Social assistance (minimum income) issues

Question

Did you use the following social services provided by the city of Tampere last year: Social assistance (minimum income) issues

Frequencies

label	value	n	%	v. %
Yes	1	134	3.8	6.8
No, I did not use, but would have needed	2	22	0.6	1.1
No, I did not need	3	1819	51.9	92.1
System missing (SYSMIS)	.	1529	43.6	—
		3504	100.0	100.0

[Q44_6] Did you use the following social services provided by the city of Tampere last year: Services for the disabled and developmentally disabled

Question

Did you use the following social services provided by the city of Tampere last year: Services for the disabled and developmentally disabled

Frequencies

2. Variables

label	value	n	%	v. %
Yes	1	42	1.2	2.2
No, I did not use, but would have needed	2	6	0.2	0.3
No, I did not need	3	1902	54.3	97.5
System missing (SYSMIS)	.	1554	44.3	–
		3504	100.0	100.0

[Q44_7] Did you use the following social services provided by the city of Tampere last year: Daytime activities for the elderly (service centres, day centres, clubs)

Question

Did you use the following social services provided by the city of Tampere last year: Daytime activities for the elderly (service centres, day centres, clubs)

Frequencies

label	value	n	%	v. %
Yes	1	40	1.1	2.0
No, I did not use, but would have needed	2	10	0.3	0.5
No, I did not need	3	1922	54.9	97.5
System missing (SYSMIS)	.	1532	43.7	–
		3504	100.0	100.0

[Q45_1] How satisfied are you with the social services provided by the city of Tampere last year: Child day care services

Question

How satisfied are you with the social services provided by the city of Tampere last year: Child day care services

Frequencies

label	value	n	%	v. %
Very satisfied	1	91	2.6	4.5
Fairly satisfied	2	67	1.9	3.3
Can't say	3	4	0.1	0.2
Fairly dissatisfied	4	4	0.1	0.2
Very dissatisfied	5	1	0.0	0.0
I did not use the service	6	1837	52.4	91.7

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(cont. from previous page)

label	value	n	%	v. %
System missing (SYSMIS)	.	1500	42.8	–
		3504	100.0	100.0

[Q45_2] How satisfied are you with the social services provided by the city of Tampere last year: Home services for families with children?

Question

How satisfied are you with the social services provided by the city of Tampere last year: Home services for families with children?

Frequencies

label	value	n	%	v. %
Very satisfied	1	12	0.3	0.6
Fairly satisfied	2	7	0.2	0.4
Can't say	3	3	0.1	0.2
Fairly dissatisfied	4	0	0.0	0.0
Very dissatisfied	5	1	0.0	0.1
I did not use the service	6	1956	55.8	98.8
System missing (SYSMIS)	.	1525	43.5	–
		3504	100.0	100.0

[Q45_3] How satisfied are you with the social services provided by the city of Tampere last year: Services for the elderly (home care services, home nursing)

Question

How satisfied are you with the social services provided by the city of Tampere last year: Services for the elderly (home care services, home nursing)

Frequencies

label	value	n	%	v. %
Very satisfied	1	26	0.7	1.3
Fairly satisfied	2	24	0.7	1.2
Can't say	3	6	0.2	0.3
Fairly dissatisfied	4	5	0.1	0.2

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
Very dissatisfied	5	1	0.0	0.0
I did not use the service	6	1941	55.4	96.9
System missing (SYSMIS)	.	1501	42.8	–
		3504	100.0	100.0

[Q45_4] How satisfied are you with the social services provided by the city of Tampere last year: Social worker services at social welfare offices

Question

How satisfied are you with the social services provided by the city of Tampere last year: Social worker services at social welfare offices

Frequencies

label	value	n	%	v. %
Very satisfied	1	33	0.9	1.7
Fairly satisfied	2	40	1.1	2.0
Can't say	3	8	0.2	0.4
Fairly dissatisfied	4	10	0.3	0.5
Very dissatisfied	5	9	0.3	0.5
I did not use the service	6	1867	53.3	94.9
System missing (SYSMIS)	.	1537	43.9	–
		3504	100.0	100.0

[Q45_5] How satisfied are you with the social services provided by the city of Tampere last year: Social assistance (minimum income) issues

Question

How satisfied are you with the social services provided by the city of Tampere last year: Social assistance (minimum income) issues

Frequencies

label	value	n	%	v. %
Very satisfied	1	27	0.8	1.4
Fairly satisfied	2	53	1.5	2.7
Can't say	3	6	0.2	0.3

(continued on next page)

(cont. from previous page)

label	value	n	%	v. %
Fairly dissatisfied	4	20	0.6	1.0
Very dissatisfied	5	22	0.6	1.1
I did not use the service	6	1836	52.4	93.5
System missing (SYSMIS)	.	1540	43.9	–
		3504	100.0	100.0

[Q45_6] How satisfied are you with the social services provided by the city of Tampere last year: Services for the disabled

Question

How satisfied are you with the social services provided by the city of Tampere last year: Services for the disabled

Frequencies

label	value	n	%	v. %
Very satisfied	1	11	0.3	0.6
Fairly satisfied	2	22	0.6	1.1
Can't say	3	5	0.1	0.3
Fairly dissatisfied	4	5	0.1	0.3
Very dissatisfied	5	0	0.0	0.0
I did not use the service	6	1904	54.3	97.8
System missing (SYSMIS)	.	1557	44.4	–
		3504	100.0	100.0

[Q45_7] How satisfied are you with the social services provided by the city of Tampere last year: Daytime activities for the elderly (service centres, day centres, clubs)

Question

How satisfied are you with the social services provided by the city of Tampere last year: Daytime activities for the elderly (service centres, day centres, clubs)

Frequencies

label	value	n	%	v. %
Very satisfied	1	18	0.5	0.9

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
Fairly satisfied	2	16	0.5	0.8
Can't say	3	3	0.1	0.2
Fairly dissatisfied	4	0	0.0	0.0
Very dissatisfied	5	1	0.0	0.1
I did not use the service	6	1931	55.1	98.1
System missing (SYSMIS)	.	1535	43.8	–
		3504	100.0	100.0

[Q46_1] To what extent do you agree or disagree with the following statements? The state and municipalities should be the ones to provide health and social services that citizens need

Question

To what extent do you agree or disagree with the following statements? The state and municipalities should be the ones to provide health and social services that citizens need

Frequencies

label	value	n	%	v. %
Strongly agree	1	1319	37.6	60.7
Agree to some extent	2	575	16.4	26.4
Disagree to some extent	3	131	3.7	6.0
Strongly disagree	4	13	0.4	0.6
Can't say	5	136	3.9	6.3
System missing (SYSMIS)	.	1330	38.0	–
		3504	100.0	100.0

[Q46_2] To what extent do you agree or disagree with the following statements? Health and social services provided by private companies should be increased and public services decreased

Question

To what extent do you agree or disagree with the following statements? Health and social services provided by private companies should be increased and public services decreased

Frequencies

label	value	n	%	v. %
Strongly agree	1	85	2.4	4.1
Agree to some extent	2	414	11.8	19.9
Disagree to some extent	3	508	14.5	24.4
Strongly disagree	4	802	22.9	38.5
Can't say	5	275	7.8	13.2
System missing (SYSMIS)	.	1420	40.5	–
		3504	100.0	100.0

[Q46_3] To what extent do you agree or disagree with the following statements? Civic/voluntary organisations and groups should, more than previously, take responsibility for people's well-being

Question

To what extent do you agree or disagree with the following statements? Civic/voluntary organisations and groups should, more than previously, take responsibility for people's well-being

Frequencies

label	value	n	%	v. %
Strongly agree	1	132	3.8	6.3
Agree to some extent	2	417	11.9	19.9
Disagree to some extent	3	513	14.6	24.5
Strongly disagree	4	668	19.1	31.8
Can't say	5	368	10.5	17.5
System missing (SYSMIS)	.	1406	40.1	–
		3504	100.0	100.0

[Q46_4] To what extent do you agree or disagree with the following statements? Every individual should take responsibility for their own and their relatives' coping and well-being

Question

To what extent do you agree or disagree with the following statements? Every individual should take responsibility for their own and their relatives' coping and well-being

Frequencies

label	value	n	%	v. %
Strongly agree	1	568	16.2	26.7

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
Agree to some extent	2	838	23.9	39.4
Disagree to some extent	3	314	9.0	14.7
Strongly disagree	4	194	5.5	9.1
Can't say	5	215	6.1	10.1
System missing (SYSMIS)	.	1375	39.2	–
		3504	100.0	100.0

[Q47_1] Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? Health and social services should be put out to tender more than previously

Question

Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? Health and social services should be put out to tender more than previously

Frequencies

label	value	n	%	v. %
Strongly agree	1	328	9.4	15.3
Agree to some extent	2	675	19.3	31.5
Disagree to some extent	3	350	10.0	16.3
Strongly disagree	4	417	11.9	19.4
Can't say	5	375	10.7	17.5
System missing (SYSMIS)	.	1359	38.8	–
		3504	100.0	100.0

[Q47_2] Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? User fees could be increased to ensure the provision of services

Question

Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? User fees could be increased to ensure the provision of services

Frequencies

label	value	n	%	v. %
Strongly agree	1	205	5.9	9.6
Agree to some extent	2	642	18.3	30.0
Disagree to some extent	3	496	14.2	23.2
Strongly disagree	4	614	17.5	28.7
Can't say	5	184	5.3	8.6
System missing (SYSMIS)	.	1363	38.9	—
		3504	100.0	100.0

[Q47_3] Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? Taxes could be increased to ensure the provision of services

Question

Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? Taxes could be increased to ensure the provision of services

Frequencies

label	value	n	%	v. %
Strongly agree	1	187	5.3	8.7
Agree to some extent	2	497	14.2	23.2
Disagree to some extent	3	543	15.5	25.4
Strongly disagree	4	710	20.3	33.2
Can't say	5	202	5.8	9.4
System missing (SYSMIS)	.	1365	39.0	—
		3504	100.0	100.0

[Q47_4] Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? Services currently provided by the city ensure that people can grow old safely

Question

Do you agree or disagree with the following statements concerning the provision and financing of health and social services provided by Tampere? Services currently provided by the city ensure that people can grow old safely

Frequencies

2. Variables

label	value	n	%	v. %
Strongly agree	1	136	3.9	6.2
Agree to some extent	2	513	14.6	23.6
Disagree to some extent	3	647	18.5	29.7
Strongly disagree	4	387	11.0	17.8
Can't say	5	495	14.1	22.7
System missing (SYSMIS)	.	1326	37.8	—
		3504	100.0	100.0

[Q48_1] How much do the following cause you concern or feelings of insecurity: Your personal health

Question

How much do the following cause you concern or feelings of insecurity: Your personal health

Frequencies

label	value	n	%	v. %
None at all	1	399	11.4	18.0
Some	2	1159	33.1	52.2
A fair amount	3	375	10.7	16.9
A lot	4	261	7.4	11.8
Can't say	5	26	0.7	1.2
System missing (SYSMIS)	.	1284	36.6	—
		3504	100.0	100.0

[Q48_2] How much do the following cause you concern or feelings of insecurity: Personal finances, having enough money to cope

Question

How much do the following cause you concern or feelings of insecurity: Personal finances, having enough money to cope

Frequencies

label	value	n	%	v. %
None at all	1	726	20.7	33.0
Some	2	907	25.9	41.2
A fair amount	3	301	8.6	13.7
A lot	4	217	6.2	9.9

(continued on next page)

(cont. from previous page)

label	value	n	%	v. %
Can't say	5	48	1.4	2.2
System missing (SYSMIS)	.	1305	37.2	–
		3504	100.0	100.0

[Q48_3] How much do the following cause you concern or feelings of insecurity: Fear of violence

Question

How much do the following cause you concern or feelings of insecurity: Fear of violence

Frequencies

label	value	n	%	v. %
None at all	1	1062	30.3	48.4
Some	2	834	23.8	38.0
A fair amount	3	174	5.0	7.9
A lot	4	73	2.1	3.3
Can't say	5	50	1.4	2.3
System missing (SYSMIS)	.	1311	37.4	–
		3504	100.0	100.0

[Q48_4] How much do the following cause you concern or feelings of insecurity: Unemployment or threat of unemployment

Question

How much do the following cause you concern or feelings of insecurity: Unemployment or threat of unemployment

Frequencies

label	value	n	%	v. %
None at all	1	1087	31.0	50.7
Some	2	639	18.2	29.8
A fair amount	3	181	5.2	8.5
A lot	4	143	4.1	6.7
Can't say	5	92	2.6	4.3
System missing (SYSMIS)	.	1362	38.9	–

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
		3504	100.0	100.0

[Q48_5] How much do the following cause you concern or feelings of insecurity: Insecure accommodation, housing conditions

Question

How much do the following cause you concern or feelings of insecurity: Insecure accommodation, housing conditions

Frequencies

label	value	n	%	v. %
None at all	1	1531	43.7	70.5
Some	2	449	12.8	20.7
A fair amount	3	87	2.5	4.0
A lot	4	54	1.5	2.5
Can't say	5	51	1.5	2.3
System missing (SYSMIS)	.	1332	38.0	–
		3504	100.0	100.0

[Q48_6] How much do the following cause you concern or feelings of insecurity: Substance abuse by a person/persons close to you

Question

How much do the following cause you concern or feelings of insecurity: Substance abuse by a person/persons close to you

Frequencies

label	value	n	%	v. %
None at all	1	1508	43.0	69.3
Some	2	451	12.9	20.7
A fair amount	3	100	2.9	4.6
A lot	4	66	1.9	3.0
Can't say	5	50	1.4	2.3
System missing (SYSMIS)	.	1329	37.9	–
		3504	100.0	100.0

[Q48_7] How much do the following cause you concern or feelings of insecurity: Increased use of alcohol in general

Question

How much do the following cause you concern or feelings of insecurity: Increased use of alcohol in general

Frequencies

label	value	n	%	v. %
None at all	1	641	18.3	29.4
Some	2	892	25.5	40.9
A fair amount	3	387	11.0	17.7
A lot	4	216	6.2	9.9
Can't say	5	46	1.3	2.1
System missing (SYSMIS)	.	1322	37.7	—
		3504	100.0	100.0

[Q48_8] How much do the following cause you concern or feelings of insecurity: Indifference of people towards each other

Question

How much do the following cause you concern or feelings of insecurity: Indifference of people towards each other

Frequencies

label	value	n	%	v. %
None at all	1	222	6.3	10.1
Some	2	866	24.7	39.6
A fair amount	3	669	19.1	30.6
A lot	4	400	11.4	18.3
Can't say	5	31	0.9	1.4
System missing (SYSMIS)	.	1316	37.6	—
		3504	100.0	100.0

[Q48_9] How much do the following cause you concern or feelings of insecurity: Illness, health problem or disability of a person close to you

Question

How much do the following cause you concern or feelings of insecurity: Illness, health problem or disability of a person close to you

Frequencies

label	value	n	%	v. %
None at all	1	518	14.8	23.8
Some	2	790	22.5	36.2
A fair amount	3	456	13.0	20.9
A lot	4	369	10.5	16.9
Can't say	5	47	1.3	2.2
System missing (SYSMIS)	.	1324	37.8	—
		3504	100.0	100.0

[Q48_10] How much do the following cause you concern or feelings of insecurity: Workload, stress at work

Question

How much do the following cause you concern or feelings of insecurity: Workload, stress at work

Frequencies

label	value	n	%	v. %
None at all	1	778	22.2	36.4
Some	2	737	21.0	34.4
A fair amount	3	322	9.2	15.0
A lot	4	189	5.4	8.8
Can't say	5	114	3.3	5.3
System missing (SYSMIS)	.	1364	38.9	—
		3504	100.0	100.0

[Q48_11] How much do the following cause you concern or feelings of insecurity: Availability of health care services

Question

How much do the following cause you concern or feelings of insecurity: Availability of health care services

Frequencies

label	value	n	%	v. %
None at all	1	945	27.0	43.3
Some	2	796	22.7	36.5
A fair amount	3	253	7.2	11.6
A lot	4	143	4.1	6.6
Can't say	5	46	1.3	2.1
System missing (SYSMIS)	.	1321	37.7	—
		3504	100.0	100.0

[Q48_12] How much do the following cause you concern or feelings of insecurity: Availability of social services

Question

How much do the following cause you concern or feelings of insecurity: Availability of social services

Frequencies

label	value	n	%	v. %
None at all	1	1026	29.3	47.2
Some	2	688	19.6	31.6
A fair amount	3	218	6.2	10.0
A lot	4	126	3.6	5.8
Can't say	5	118	3.4	5.4
System missing (SYSMIS)	.	1328	37.9	—
		3504	100.0	100.0

[Q48_13] How much do the following cause you concern or feelings of insecurity: Loneliness, fear of ending up on your own

Question

How much do the following cause you concern or feelings of insecurity: Loneliness, fear of ending up on your own

Frequencies

label	value	n	%	v. %
None at all	1	1146	32.7	52.4
Some	2	691	19.7	31.6
A fair amount	3	166	4.7	7.6
A lot	4	139	4.0	6.4
Can't say	5	45	1.3	2.1
System missing (SYSMIS)	.	1317	37.6	—
		3504	100.0	100.0

[Q48_14] How much do the following cause you concern or feelings of insecurity: Concern about how you will manage on your own

Question

How much do the following cause you concern or feelings of insecurity: Concern about how you will manage on your own

Frequencies

label	value	n	%	v. %
None at all	1	1184	33.8	54.2
Some	2	635	18.1	29.1
A fair amount	3	201	5.7	9.2
A lot	4	136	3.9	6.2
Can't say	5	29	0.8	1.3
System missing (SYSMIS)	.	1319	37.6	—
		3504	100.0	100.0

[Q48_15] How much do the following cause you concern or feelings of insecurity: The future of your children or grandchildren

Question

How much do the following cause you concern or feelings of insecurity: The future of your children or grandchildren

Frequencies

label	value	n	%	v. %
None at all	1	690	19.7	31.8
Some	2	737	21.0	33.9
A fair amount	3	343	9.8	15.8
A lot	4	269	7.7	12.4
Can't say	5	133	3.8	6.1
System missing (SYSMIS)	.	1332	38.0	—
		3504	100.0	100.0

[Q48_16] How much do the following cause you concern or feelings of insecurity: Finding your place in society

Question

How much do the following cause you concern or feelings of insecurity: Finding your place in society

Frequencies

label	value	n	%	v. %
None at all	1	1313	37.5	61.1
Some	2	516	14.7	24.0
A fair amount	3	132	3.8	6.1
A lot	4	77	2.2	3.6
Can't say	5	111	3.2	5.2
System missing (SYSMIS)	.	1355	38.7	—
		3504	100.0	100.0

[Q48_17] How much do the following cause you concern or feelings of insecurity: Something else

Question

How much do the following cause you concern or feelings of insecurity: Something else

Frequencies

label	value	n	%	v. %
None at all	1	62	1.8	20.5
Some	2	15	0.4	5.0
A fair amount	3	31	0.9	10.2
A lot	4	103	2.9	34.0
Can't say	5	92	2.6	30.4
System missing (SYSMIS)	.	3201	91.4	–
		3504	100.0	100.0

[Q48_17A] How much do the following cause you concern or feelings of insecurity: Something else, what?**Question**

How much do the following cause you concern or feelings of insecurity: Something else, what?

[Q49] If you compare your personal safety three years ago to what it is now, has it...**Question**

If you compare your personal safety three years ago to what it is now, has it...

Frequencies

label	value	n	%	v. %
Improved considerably	1	227	6.5	10.2
Improved somewhat	2	473	13.5	21.2
Stayed the same	3	1100	31.4	49.3
Worsened somewhat	4	322	9.2	14.4
Worsened considerably	5	107	3.1	4.8
System missing (SYSMIS)	.	1275	36.4	–
		3504	100.0	100.0

[Q50_1] Thinking about your local area, to what extent do you agree or disagree: It is clean and pleasant**Question**

Thinking about your local area, to what extent do you agree or disagree: It is clean and pleasant

Frequencies

label	value	n	%	v. %
Strongly agree	1	1092	31.2	49.1
Agree to some extent	2	904	25.8	40.6
Disagree to some extent	3	205	5.9	9.2
Strongly disagree	4	20	0.6	0.9
Can't say	5	5	0.1	0.2
System missing (SYSMIS)	.	1278	36.5	–
		3504	100.0	100.0

[Q50_2] Thinking about your local area, to what extent do you agree or disagree: It is unsafe to use roads as a pedestrian

Question

Thinking about your local area, to what extent do you agree or disagree: It is unsafe to use roads as a pedestrian

Frequencies

label	value	n	%	v. %
Strongly agree	1	130	3.7	5.9
Agree to some extent	2	350	10.0	16.0
Disagree to some extent	3	586	16.7	26.8
Strongly disagree	4	1057	30.2	48.3
Can't say	5	65	1.9	3.0
System missing (SYSMIS)	.	1316	37.6	–
		3504	100.0	100.0

[Q50_3] Thinking about your local area, to what extent do you agree or disagree: It is a good environment for children to grow up in

Question

Thinking about your local area, to what extent do you agree or disagree: It is a good environment for children to grow up in

Frequencies

label	value	n	%	v. %
Strongly agree	1	773	22.1	35.6

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2. Variables

(cont. from previous page)

label	value	n	%	v. %
Agree to some extent	2	768	21.9	35.3
Disagree to some extent	3	321	9.2	14.8
Strongly disagree	4	136	3.9	6.3
Can't say	5	175	5.0	8.1
System missing (SYSMIS)	.	1331	38.0	–
		3504	100.0	100.0

[Q50_4] Thinking about your local area, to what extent do you agree or disagree: Everyday services are poor

Question

Thinking about your local area, to what extent do you agree or disagree: Everyday services are poor

Frequencies

label	value	n	%	v. %
Strongly agree	1	315	9.0	14.4
Agree to some extent	2	391	11.2	17.8
Disagree to some extent	3	516	14.7	23.5
Strongly disagree	4	908	25.9	41.4
Can't say	5	62	1.8	2.8
System missing (SYSMIS)	.	1312	37.4	–
		3504	100.0	100.0

[Q50_5] Thinking about your local area, to what extent do you agree or disagree: There are enough green spaces in the area

Question

Thinking about your local area, to what extent do you agree or disagree: There are enough green spaces in the area

Frequencies

label	value	n	%	v. %
Strongly agree	1	1198	34.2	54.5
Agree to some extent	2	605	17.3	27.5

(continued on next page)

(cont. from previous page)

label	value	n	%	v. %
Disagree to some extent	3	266	7.6	12.1
Strongly disagree	4	101	2.9	4.6
Can't say	5	29	0.8	1.3
System missing (SYSMIS)	.	1305	37.2	–
		3504	100.0	100.0

[Q50_6] Thinking about your local area, to what extent do you agree or disagree: There is too much stench or air pollution in the area

Question

Thinking about your local area, to what extent do you agree or disagree: There is too much stench or air pollution in the area

Frequencies

label	value	n	%	v. %
Strongly agree	1	106	3.0	4.8
Agree to some extent	2	301	8.6	13.8
Disagree to some extent	3	477	13.6	21.8
Strongly disagree	4	1194	34.1	54.6
Can't say	5	110	3.1	5.0
System missing (SYSMIS)	.	1316	37.6	–
		3504	100.0	100.0

[Q50_7] Thinking about your local area, to what extent do you agree or disagree: Inhabitants cooperate actively and have good neighbour relations

Question

Thinking about your local area, to what extent do you agree or disagree: Inhabitants cooperate actively and have good neighbour relations

Frequencies

label	value	n	%	v. %
Strongly agree	1	379	10.8	17.2
Agree to some extent	2	797	22.7	36.2
Disagree to some extent	3	500	14.3	22.7

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
Strongly disagree	4	174	5.0	7.9
Can't say	5	349	10.0	15.9
System missing (SYSMIS)	.	1305	37.2	–
		3504	100.0	100.0

[Q50_8] Thinking about your local area, to what extent do you agree or disagree: There is too much traffic noise in the area

Question

Thinking about your local area, to what extent do you agree or disagree: There is too much traffic noise in the area

Frequencies

label	value	n	%	v. %
Strongly agree	1	255	7.3	11.6
Agree to some extent	2	522	14.9	23.8
Disagree to some extent	3	625	17.8	28.5
Strongly disagree	4	742	21.2	33.9
Can't say	5	47	1.3	2.1
System missing (SYSMIS)	.	1313	37.5	–
		3504	100.0	100.0

[Q50_9] Thinking about your local area, to what extent do you agree or disagree: Public transport connections are good

Question

Thinking about your local area, to what extent do you agree or disagree: Public transport connections are good

Frequencies

label	value	n	%	v. %
Strongly agree	1	1382	39.4	62.3
Agree to some extent	2	552	15.8	24.9
Disagree to some extent	3	172	4.9	7.8
Strongly disagree	4	85	2.4	3.8

(continued on next page)

(cont. from previous page)

label	value	n	%	v. %
Can't say	5	28	0.8	1.3
System missing (SYSMIS)	.	1285	36.7	—
		3504	100.0	100.0

[Q51] Are you afraid to walk or move about in your local area alone in the evening?

Question

Are you afraid to walk or move about in your local area alone in the evening?

Frequencies

label	value	n	%	v. %
I do not usually walk or move about alone in the evening	1	526	15.0	24.0
I'm never afraid	2	1095	31.3	49.9
I'm occasionally afraid	3	479	13.7	21.8
I'm often afraid	4	22	0.6	1.0
I do not move about alone in the evening because I'm afraid	5	71	2.0	3.2
System missing (SYSMIS)	.	1311	37.4	—
		3504	100.0	100.0

[Q52] Were you subjected to violence or frightening threats in your own local area last year (2004)?

Question

Were you subjected to violence or frightening threats in your own local area last year (2004)?

Frequencies

label	value	n	%	v. %
Not at all	0	2130	60.8	95.2
Once	1	82	2.3	3.7
Twice	2	15	0.4	0.7
Three times or more	3	10	0.3	0.4
	300	1	0.0	0.0

(continued on next page)

2. Variables

(cont. from previous page)

label	value	n	%	v. %
System missing (SYSMIS)	.	1266	36.1	–
		3504	100.0	100.0

[ALUE] The location of the respondent's place of residence in Tampere

Question

The location of the respondent's place of residence in Tampere

Frequencies

label	value	n	%	v. %
Western Tampere	1	1072	30.6	30.6
Eastern Tampere	2	1211	34.6	34.6
Southern Tampere	3	1218	34.8	34.8
System missing (SYSMIS)	.	3	0.1	–
		3504	100.0	100.0

[RESPONSE] Response to the survey

Question

Response to the survey

Frequencies

label	value	n	%	v. %
Did not return the questionnaire	0	1095	31.3	31.3
Responded in the first round	1	1816	51.8	51.8
Responded in the second round	2	439	12.5	12.5
Refused	3	108	3.1	3.1
Has moved away from Tampere or lives abroad	4	3	0.1	0.1
In institutional care	5	3	0.1	0.1
Sick, disabled, unable to respond	6	5	0.1	0.1
Questionnaire not completed, response rejected	7	11	0.3	0.3
Deceased	8	1	0.0	0.0
Address unknown, non-contact	9	23	0.7	0.7
		3504	100.0	100.0

[NETTI] Questionnaire used for responding**Question***Questionnaire used for responding***Frequencies**

label	value	n	%	v. %
Paper questionnaire	1	3382	96.5	96.5
Online questionnaire	2	122	3.5	3.5
		3504	100.0	100.0

[PIIRI] The service area in which the respondent lives**Question***The service area in which the respondent lives***Descriptive statistics**

statistic	value
number of valid cases	3501
minimum	11.00
maximum	56.00
mean	34.34
standard deviation	16.76

Chapter 3

Indexes

3.1 Variables in the order of occurrence

FSD study number [FSD_NO]	7
FSD edition number [FSD_VR]	7
FSD case id [FSD_ID]	8
The respondent's gender [Q1]	8
The respondent's age [Q2]	8
Number of consecutive years lived in Tampere [Q4]	9
The respondent's household composition/living arrangements [Q5]	9
How many children under the age of 17 live in your household? [Q6_1]	9
Year of birth of the respondent's youngest child [Q6_2]	10
The respondent's education [Q7]	10
The respondent's economic activity and employment status [Q8]	11
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Do you have access to a computer with internet connection? At home [Q11_1]	12
Do you have access to a computer with internet connection? At work or school/educational institution [Q11_2]	12
Do you have access to a computer with internet connection? Somewhere else [Q11_3]	13
In general, would you say your health is now... [Q12]	13
Do you have any long-standing illness, a chronic condition or disability? [Q13]	13
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Has a doctor diagnosed that you have any of the following: Coronary artery disease? [Q15_1]	14

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Has a doctor diagnosed that you have any of the following: High blood pressure? [Q15_2]	15
Has a doctor diagnosed that you have any of the following: High cholesterol level? [Q15_3]	15
Has a doctor diagnosed that you have any of the following: Overweight or obesity? [Q15_4]	15
Has a doctor diagnosed that you have any of the following: Asthma? [Q15_5]	16
Has a doctor diagnosed that you have any of the following: Type 1 diabetes? [Q15_6]	16
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Has a doctor diagnosed that you have any of the following: Arthrosis in lower extremities? [Q15_8]	17
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Has a doctor diagnosed that you have any of the following: Chronic or recurring back pain? [Q15_10]	18
Has a doctor diagnosed that you have any of the following: Chronic or recurring neck-shoulder problems? [Q15_11]	18
Has a doctor diagnosed that you have any of the following: Osteoporosis, possibly with fractures? [Q15_12]	18
Has a doctor diagnosed that you have any of the following: Depression? [Q15_13]	19
Have you had any of the following problems or symptoms recently: Overstrain? [Q16_1]	19
Have you had any of the following problems or symptoms recently: Depression, feeling low? [Q16_2]	19
Have you had any of the following problems or symptoms recently: Tension, anxiety? [Q16_3]	20
Have you had any of the following problems or symptoms recently: Overall fatigue? [Q16_4]	20
Have you had any of the following problems or symptoms recently: Insomnia? [Q16_5]	21
Have you had any of the following problems or symptoms recently: Feeling of loneliness? [Q16_6]	21
Have you had any of the following problems or symptoms recently: Irritability? [Q16_7]	22
Have you had any of the following problems or symptoms recently: Problems with memory? [Q16_8]	22
Does any of the problems or symptoms you mentioned (question 16) limit your everyday activities? [Q17]	22
These days, how well are you able to: Do heavy housework (e.g. spring cleaning)? [Q18_1]	23
These days, how well are you able to: Climb 2-3 flights of stairs without stopping? [Q18_2]	23
These days, how well are you able to: Walk 2 km on a road or street without stopping and without carrying anything? [Q18_3]	24
These days, how well are you able to: Walk 2 km on a road or street without stopping while carrying a 5 kg bag? [Q18_4]	24

These days, how well are you able to: Run a short distance (about 100 m)? [Q18_5]	24
These days, how well are you able to: Run or jog 2 km? [Q18_6]	25
These days, how well are you able to: Kneel or bend? [Q18_7]	25
How often, on average, do you do physical activities/exercise in your leisure time? [Q19] ..	26
In your leisure time, how often do you take physical exercise that lasts at least 30 minutes and makes you breathe more heavily and sweat at least a little? [Q20]	26
On average, how many minutes a day do you walk or cycle to get from one place to another (e.g. to go to work or shopping)? [Q21]	27
During the past 12 months, have you discussed the importance of exercise with a doctor or public health nurse or received recommendations to exercise more? [Q22]	27
During the past 12 months, have you participated in organised sports activities (e.g. gymnastics or ball game classes, water gymnastics or dance classes)? [Q23_1]	28
What type of organised sports activities have you participated in: Anaerobic exercise/activities (to increase muscle strength) [Q23_2]	28
What type of organised sports activities have you participated in: Aerobic exercise/activities (to increase stamina, endurance) [Q23_3]	28
What type of organised sports activities have you participated in: Team sport [Q23_4]	29
In the last three months: Have you had trouble falling asleep? [Q24_1]	29
In the last three months: How often have you woken up at night and had trouble falling asleep again? [Q24_2]	30
In the last three months: How often have you woken up too early in the morning, unable to fall asleep again? [Q24_3]	30
In the last three months: Have you felt sleepy during the day? [Q24_4]	30
On average, how many minutes do you sleep in a day (24 hours)? [Q25]	31
On average, how many minutes do you have to sleep in order to feel attentive and active? [Q26]	31
During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less fat? [Q27_1]	32
During the past 12 months, have you changed or tried to change the following habits for health reasons: Changed the type of fat you eat? [Q27_2]	32
During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less salt? [Q27_3]	33
During the past 12 months, have you changed or tried to change the following habits for health reasons: Taken more exercise? [Q27_4]	33
During the past 12 months, have you changed or tried to change the following habits for health reasons: Drunk less alcohol? [Q27_5]	34
During the past 12 months, have you changed or tried to change the following habits for health reasons: Given up smoking? [Q27_6]	34
During the past 12 months, have you changed or tried to change the following habits for health	

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reasons: Dieted (lost weight)? [Q27_7]	35
During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten more fruit and vegetables? [Q27_8]	35
How tall are you (cm)? [Q28_1]	36
How much do you weigh (kg)? [Q28_2]	36
Did you receive outside help or assistance for the following last year (2004): Household work? [Q29_1]	36
Did you receive outside help or assistance for the following last year (2004): Child care at home? [Q29_2]	37
Did you receive outside help or assistance for the following last year (2004): Shopping or other errands? [Q29_3]	37
Did you receive outside help or assistance for the following last year (2004): Personal care and support at home (e.g. eating, taking medicine)? [Q29_4]	38
Did you receive outside help or assistance for the following last year (2004): When needing transport? [Q29_5]	38
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From whom did you receive outside help last year: Other relatives? [Q30_2]	39
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From whom did you receive outside help last year: Home services unit of the municipality? [Q30_4]	39
From whom did you receive outside help last year: Parish or voluntary/civic organisation? [Q30_5]	40
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Do you have in your family or close network an aged, disabled or long-term sick person whom you help regularly? [Q31_1]	40
(IF Q31_1=YES) Is the person you help: A family member? [Q31_2]	41
(IF Q31_1=YES) Is the person you help: Other relative? [Q31_3]	41
(IF Q31_1=YES) Is the person you help: A neighbour? [Q31_4]	41
(IF Q31_1=YES) Is the person you help: A friend or acquaintance? [Q31_5]	42
(IF Q31_1=YES) Is the person you help: Someone else? [Q31_6]	42
Did you receive inpatient care in a hospital ward last year (2004)? (Translator note: i.e. admitted to hospital and required to stay overnight or longer)? [Q32_1]	42
(IF Q32_1=YES) For how many days did you stay in hospital as an inpatient? [Q32_2]	43
Did you visit a doctor for an illness last year? [Q33_1]	43
(IF Q33_1=YES) How many times did you visit a doctor? [Q33_2]	43

Did you visit last year: Family doctor (general practitioner, GP) in a municipal health centre [Q34_1]	44
Did you visit last year: Other GP in a health centre [Q34_2]	44
Did you visit last year: Doctor in an occupational health care facility [Q34_3]	45
Did you visit last year: Doctor in a mental health care clinic [Q34_4]	45
Did you visit last year: Doctor in a school or other educational institution [Q34_5]	45
Did you visit last year: Doctor in the Hatanpää emergency health care facility [Q34_6]	46
Did you visit last year: Doctor in the emergency department of the Tampere University Hospital [Q34_7]	46
Did you visit last year: Doctor in a private health care facility [Q34_8]	46
Did you visit last year: Doctor in a specialist clinic in hospital [Q34_9]	47
Did you visit last year: Other doctor [Q34_10]	47
Did you visit last year: Other doctor, which? [Q34_10A]	47
Did you visit a dentist last year? [Q35_1]	48
(IF Q35_1=YES) How many times did you visit a dentist? [Q35_2]	48
Did you visit last year: Dentist in a health centre [Q36_1]	49
Did you visit last year: Dentist in a private dental care facility [Q36_2]	49
Did you visit last year: Other dentist (e.g. in a student health care facility) [Q36_3]	49
Did you visit a nurse or public health nurse for an illness last year? [Q37_1]	50
(IF Q37_1=YES) How many times did you visit a nurse or public health nurse? [Q37_2] ..	50
Did you visit last year: Nurse/public health nurse in a general practice facility [Q38_1]	51
Did you visit last year: Nurse/public health nurse in a maternity or child health clinic [Q38_2]	51
Did you visit last year: Nurse/public health nurse in an occupational health care facility [Q38_3]	52
Did you visit last year: Nurse/public health nurse in a school or the nurse of other educational institute [Q38_4]	52
Did you visit last year: Nurse/public health nurse in an adult health care clinic [Q38_5]	52
Did you visit last year: Nurse/public health nurse in a mental health care clinic [Q38_6] ...	53
Did you visit last year: Nurse/public health nurse elsewhere (e.g. diabetes clinic) [Q38_7] .	53
Did you use the telephone counselling (part of health care services) provided by the city of Tampere last year? [Q39]	54
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(IF USED) How satisfied are you with the services they provided on a scale of 4-10 (where 4 is the lowest)? Telephone counselling [Q41_1]	54
(IF USED) How satisfied are you with the services they provided on a scale of 4-10 (where 4 is	

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How satisfied are you with the health services provided by the city of Tampere last year: Hatanpää emergency health care [Q43_3]	57
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Did you use the following social services provided by the city of Tampere last year: Child day care services [Q44_1]	59
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How satisfied are you with the social services provided by the city of Tampere last year: Services for the disabled [Q45_6]	65
How satisfied are you with the social services provided by the city of Tampere last year: Daytime activities for the elderly (service centres, day centres, clubs) [Q45_7]	65
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How much do the following cause you concern or feelings of insecurity: Unemployment or threat of unemployment [Q48_4]	71
How much do the following cause you concern or feelings of insecurity: Insecure accommodation, housing conditions [Q48_5]	72
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How much do the following cause you concern or feelings of insecurity: Increased use of alco-	

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hol in general [Q48_7]	73
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Did you receive outside help or assistance for the following last year (2004): Personal care and support at home (e.g. eating, taking medicine)?	38
Did you receive outside help or assistance for the following last year (2004): Shopping or other errands?	37
Did you receive outside help or assistance for the following last year (2004): When needing transport?	38
Did you receive sufficient help or treatment from the health services provided by the city of Tampere last year?	55
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Did you visit last year: Dentist in a private dental care facility	49
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Did you visit last year: Doctor in a private health care facility	46
Did you visit last year: Doctor in a school or other educational institution	45
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Did you visit last year: Doctor in an occupational health care facility	45
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Appendix A

Questionnaire in Finnish

KYSELYLOMAKE

Tämä kyselylomake on osa Yhteiskuntatieteelliseen tietoaarkistoon arkistoitua tutkimusaineistoa

FSD2322 Tampereen terveyst- ja sosiaalikesely 2005

Kyselylomaketta hyödyntävien tulee viitata siihen asianmukaisesti lähdeviitteellä.

Lisätiedot: <http://www.fsd.uta.fi/>

QUESTIONNAIRE

This questionnaire is part of the following dataset, archived at the Finnish Social Science Data Archive:

FSD2322 Tampere Health and Social Survey 2005

If this questionnaire is used or referred to in any publication, the source must be acknowledged by means of an appropriate bibliographic citation.

More information: <http://www.fsd.uta.fi/>

Tampereen terveys- ja sosiaalikyseily 2005

- Lukekaa koko kysymys ennen vastaamista. Vastatkaa rengastamalla kustakin kysymyksestä tilanteeseenne sopiva tai käsitystänne parhaiten vastaava vaihtoehto tai kirjoittamalla vastaus sille varattuun tilaan. Jos mikään vaihtoehto ei tunnu täysin sopivalta, valitkaa se, joka on lähinnä sopivin.
- Palauttakaa kysymyslomake mahdollisimman pian UKK-instituuttiin maksutta oheisessa palautuskuoressa.
- Jos kyselyyn valittu henkilö ei voi jostakin syystä vastata kyselyyn (esim. on matkoilla, muuttanut Tampereelta tai on laitoshoidossa), olkaa ystävällinen ja laittakaa rasti tähän ruutuun ja palauttakaa lomake tyhjänä. Emme vaivaa Teitä sen jälkeen muistutuskirjeellä.

TAUSTATIEDOT

1. Sukupuolenne?

- 1 mies
- 2 nainen

2. Minkä ikäinen olette? _____ vuotta

3. Missä Tampereen kaupunginosassa asutte? _____

4. Kauanko olette asunut yhtäjaksoisesti Tampereella? _____ vuotta

5. Mikä seuraavista kuvaa parhaiten nykyistä elämänvaihetta?

- 1 asun kotona vanhempieni kanssa
- 2 asun yksin
- 3 asun kaksin puolisoni tai avopuolisoni kanssa
- 4 asun puolisoni tai avopuolisoni ja lasten kanssa
- 5 olen yksinhuoltaja
- 6 muu tilanne

6. Kuinka monta alle 17-vuotiasta lasta kuuluu kotitalouteen?

- 0 ei yhtään
- _____ lasta, => mitkä ovat lasten syntymävuodet? _____

7. Mikä on koulutuksenne?

- 1 kansa-, keski- tai peruskoulu
- 2 ylioppilas
- 3 ammattikoulu tai ammatillinen perustutkinto
- 4 opistoasteen ammatillinen tutkinto
- 5 ammattikorkeakoulu tai alempi akateeminen tutkinto
- 6 yliopiston tai korkeakoulun ylempi akateeminen tutkinto

8. Oletteko nykyisin... (Rengastakaa vain yksi tilanteeseen sopivin vaihtoehto)

- 1 kokoaikaisessa palkkatyössä
- 2 osa-aikaisessa palkkatyössä tai osa-aikaeläkkeellä
- 3 yrittäjä, ammatinharjoittaja, maatalousyrittäjä
- 4 äitiys- tai vanhempainlomalla
- 5 työtön tai lomautettu
- 6 pitkäaikaisella sairauslomalla
- 7 eläkkeellä
- 8 omaa kotitaloutta hoitava
- 9 opiskelija tai koululainen
- 10 muu, mikä? _____

9. Jos olette työtön, kauanko nykyinen työttömyytenne on yhtäjaksoisesti kestänyt?

_____ vuotta _____ kuukautta

10. Millainen on nykyisen työsuhteenne luonne?

- 1 vakituinen tai toistaiseksi voimassa oleva työsuhde
- 2 yli 6 kk:n määräaikainen työsuhde
- 3 korkeintaan 6 kk:n määräaikainen tai muu tilapäinen työsuhde
- 4 en ole työssä tai työsuhhteessa

11. Onko käytössänne *internet-yhteyksillä* varustettua tietokonetta?

Voitte valita yhden tai useamman vaihtoehdon.

- 1 ei
- 2 kyllä, käytössäni kotona
- 3 kyllä, käytössäni työpaikalla, oppilaitoksessa tai koulussa
- 4 kyllä, käytän internet-yhteyksiä muualla, esim. kirjastossa

TERVEYS JA TOIMINTAKYKY

12. Millainen on terveydentilanne mielestänne nykyisin?

- 1 hyvä
- 2 melko hyvä
- 3 kohtalainen
- 4 melko huono
- 5 huono

13. Onko Teillä jokin pitkäaikainen sairaus, vika tai vamma?

- 1 ei
- 2 kyllä

14. Haittaako sairautenne tai vammanne työntekoa tai jokapäiväisiä tehtäviä?

- 1 ei pitkäaikaissairautta tai vammaa
- 2 ei haittaa lainkaan
- 3 haittaa jonkin verran
- 4 haittaa paljon

15. Onko lääkäri todennut Teillä jonkin tai joitakin seuraavista sairauksista tai vaaratekijöistä?

kyllä

Sepelvaltimotauti.....	1
Kohonnut verenpaine.....	1
Kohonnut kolesteroli.....	1
Ylipaino tai lihavuus.....	1
Astma.....	1
Nuoruusiän (tyypin 1) diabetes.....	1
Aikuisiän (tyypin 2) diabetes tai kohonnut verensokeri.....	1
Nivelrikko tai -kuluma alaraajoissa.....	1
Nivelreuma tai muu tulehduksellinen nivelsairaus.....	1
Pitkäaikaisia tai toistuvia selkävaivoja.....	1
Pitkäaikaisia tai toistuvia niska-hartiavaivoja.....	1
Osteoporoosi tai siihen liittyviä murtumia.....	1
Masennus.....	1

16. Onko Teillä viime aikoina ollut seuraavia oireita tai vaivoja?

Vastatkaa jokaiseen kohtaan riippumatta siitä, onko oireita ollut vai ei.

	ei lainkaan	silloin tällöin	melko usein	usein tai jatkuvasti
ylirasittuneisuus.....	1	2	3	4
alakuloisuus tai masentuneisuus.....	1	2	3	4
hermostuneisuus tai jännittyneisyys.....	1	2	3	4
voimattomuus tai väsymys.....	1	2	3	4
unettomuus.....	1	2	3	4
yksinäisyyden tunne.....	1	2	3	4
ärtyneisyys.....	1	2	3	4
huonomuistisuus.....	1	2	3	4

17. Haittaako jokin edellä ilmoittamanne (kys.16) oire tai vaiva jokapäiväistä elämistänne?

- 1 ei oireita tai ei haittaa lainkaan
- 2 haittaa jonkin verran
- 3 haittaa paljon, mutta en ole hakenut oireeseen apua
- 4 haittaa paljon ja olen hakenut oireeseen apua

18. Miten hyvin pystytte nykyisin seuraaviin toimintoihin?

Rengastakaa joka riviltä vaihtoehto, joka kuvaa parhaiten selviytymistänne.

	pystyn vaikeuksista	jonkin verran vaikeaa	erittäin vaikeaa	en pysty
raskaan kotityön tekeminen (esim. kodin suursiivous, mattojen piiskaus).....	1	2	3	4
portaiden nouseminen levähtämättä 2-3 kerrosväliä.....	1	2	3	4
käveleminen kadulla tai tiellä 2 kilometriä levähtämättä ilman kantamuksia.....	1	2	3	4

	pystyn vaikeuksista	jonkin verran vaikeaa	erittäin vaikeaa	en pysty
käveleminen kadulla tai tiellä 2 kilometriä levähtämättä kantaen noin 5 kilon kassia	1	2	3	4
lyhyehkön matkan (noin 100 m) juokseminen	1	2	3	4
noin kahden kilometrin matkan juokseminen tai hölkkääminen.....	1	2	3	4
polvistuminen, kumartuminen.....	1	2	3	4

LIIKUNTA, UNI JA ELINTAPAMUUTOKSET

19. Kuinka paljon liikutte ja rasitatte itseänne ruumiillisesti vapaa-aikana?

Jos rasitus vaihtelee paljon eri vuodenaikoina, merkitkää se vaihtoehto, joka parhaiten kuvaa *keskimääräistä* tilannettanne.

- 1 vapaa-aikanani luen, katselen televisiota ja teen askareita, joissa en paljonkaan liiku ja jotka eivät rasita minua ruumiillisesti
- 2 vapaa-aikanani kävelen, hiihdän, pyöräilen tai liikun muulla tavalla (esim. teen piha- tai puutarhatöitä) vähintään neljä tuntia viikossa
- 3 harrastan vapaa-aikanani varsinaista kuntoliikuntaa vähintään kolme tuntia viikossa
- 4 harjoittelen vapaa-aikanani kilpailumielessä säännöllisesti useita kertoja viikossa

20. Kuinka usein harrastatte vapaa-ajan liikuntaa vähintään puoli tuntia kerrallaan niin, että ainakin lievästi hengästytte ja hikoilette?

- 1 6 – 7 kertaa viikossa
- 2 3 – 5 kertaa viikossa
- 3 1 – 2 kertaa viikossa
- 4 muutaman kerran kuukaudessa
- 5 harvemmin tai en lainkaan
- 6 en voi vamman tai sairauden takia harrastaa liikuntaa

21. Kuinka monta minuuttia päivässä keskimäärin kävelette tai pyöräilette

työ- tai asiointimatkoillanne? Laskekaa yhteen meno- ja paluumatkoihin käytetty aika.

- 1 en kävele tai pyöräile päivittäin työ- tai asiointimatkoilla
- 2 alle 15 minuuttia päivässä
- 3 15 – 29 minuuttia päivässä
- 4 30 – 59 minuuttia päivässä
- 5 60 minuuttia tai enemmän päivässä

22. Oletteko keskustellut lääkärin tai terveydenhoitajan kanssa *viimeksi kuluneen vuoden(12 kk) aikana* liikunnan tarpeellisuudesta tai onko lääkäri tai terveydenhoitaja kehottanut Teitä liikkumaan enemmän?

- 1 en ole käynyt lääkärissä enkä terveydenhoitajan puheilla
- 2 ei ole ollut tarvetta keskustella liikunnasta vastaanotolla
- 3 ei ole keskusteltu liikunnasta vastaanotolla, mutta olisin sitä halunnut
- 4 lääkäri tai terveydenhoitaja on kehottanut minua liikkumaan enemmän tai on antanut muita liikuntaohjeita

23. Oletteko osallistunut *viimeksi kuluneen vuoden (12 kk) aikana* johonkin ohjattuun liikuntaan (esim. voimistelu- tai palloiluryhmät, kuntosaliharjoittelu, vesivoimistelu, tanssiryhmät)?

- 1 en ole osallistunut eikä ole ollut tarvetta tai halua osallistua
- 2 en ole osallistunut, mutta olisin halunnut
- 3 olen osallistunut, minkälaiseen ohjattuun liikuntaan?

24. Seuraavat kysymykset koskevat untanne ja nukkumista *viimeksi kuluneen kolmen kuukauden aikana*.

	ei koskaan/ harvemmin kuin kerran kuussa	harvemmin kuin kerran viikossa	1-2 päivänä viikossa	3-5 päivänä viikossa	päivittäin tai lähes päivittäin
Onko Teillä ollut vaikeuksia nukahtaa?.....	1	2	3	4	5
Kuinka usein olette herännyt yöllä niin, että on ollut vaikeaa nukahtaa uudelleen?.....	1	2	3	4	5
Kuinka usein olette herännyt liian aikaisin aamulla pystymättä enää nukahtamaan uudelleen?	1	2	3	4	5
Tunnetteko itsenne liian uneliaaksi päivällä?	1	2	3	4	5

25. Kuinka monta tuntia keskimäärin nukutte vuorokaudessa?

Noin _____ tuntia ja _____ minuuttia

26. Kuinka pitkän unen tarvitsette ollaksenne seuraavana päivänä virkeä?

Noin _____ tuntia ja _____ minuuttia

27. Oletteko muuttanut tai yrittänyt muuttaa seuraavia tottumuksia terveydellisten syiden takia *viimeksi kuluneen vuoden (12 kk) aikana*?

	olen aina elänyt niin terveellisesti ettei ole tarvetta muutokseen	olen jo muuttanut tottumuksia ja onnistunut	olen yrittänyt muuttaa, mutta en ole onnistunut	en vielä, mutta aion muuttaa lähiaikoina	en ole enkä ole ajatellut muuttaa lähiaikoina
vähentänyt rasvan määrää.....	1	2	3	4	5
muuttanut rasvan laatua.....	1	2	3	4	5
vähentänyt suolan käyttöä.....	1	2	3	4	5
lisännyt liikuntaa.....	1	2	3	4	5
vähentänyt alkoholin käyttöä.....	1	2	3	4	5
lopettanut tupakoinnin.....	1	2	3	4	5
laihduuttanut.....	1	2	3	4	5
lisännyt vihannesten ja hedelmien käyttöä.....	1	2	3	4	5

28. Kuinka pitkä olette ja mikä on painonne?

pituus _____ cm, paino _____ kg

AVUN TARVE KOTONA VUONNA 2004

29. Saitteko viime vuoden (2004) aikana apua *kodin ulkopuolelta* seuraavissa asioissa?

	kyllä	en, mutta olisin tarvinnut	en ole tar- vinnut apua
talous- tai kotitöissä	1	2	3
lasten hoitamisessa kotona	1	2	3
kaupassa käymisessä tai muussa asiointissa	1	2	3
henkilökohtaisessa avustamisessa kotona (esim. peseytyminen, ruokailu, lääkkeiden otto)	1	2	3
tarvitessanne kuljetusapua	1	2	3

30. Keneltä tai mistä *kodin ulkopuolelta* saitte apua viime vuoden aikana?

Voitte valita yhden tai useamman vaihtoehdon.

- 1 omilta perheenjäseniltä, jotka eivät asu kanssani
- 2 muilta sukulaisilta
- 3 ystäviltä, tuttavilta tai naapureilta
- 4 kunnan kotipalvelulta tai kotisairaanhoidolta
- 5 seurakunnalta tai vapaaehtoistyön järjestöltä
- 6 yksityiseltä kotihoidon palveluyritykseltä
- 7 en ole saanut apua kodin ulkopuolelta

31. Onko perheessänne tai lähipiirissänne ikääntynyt, vammainen tai pitkäaikaisesti sairas henkilö, jota autatte säännöllisesti ainakin muutaman kerran viikossa?

- 1 ei
- 2 kyllä => Jos on, onko hän
 - 1 perheenjäsen
 - 2 sukulainen
 - 3 naapuri
 - 4 ystävä tai tuttava
 - 5 joku muu henkilö?

SOSIAALI- JA TERVEYSPALVELUJEN KÄYTTÖ VUONNA 2004

32. Olitteko viime vuoden (2004) aikana sairaalassa vuodeosastolla hoidettavana?

- 1 en
- 2 kyllä, kuinka monta päivää? _____

33. Kävittekö viime vuonna lääkärin vastaanotolla sairauden takia?
(Ensiapu- ja poliklinikkakäynnit lasketaan mukaan, mutta *ei hammaslääkärikäyntejä*).

- 1 en
- 2 kyllä, kuinka monta kertaa? _____

34. Minkä lääkärin vastaanotolla kävitte viime vuonna?

kyllä

omalääkärillä terveyskeskuksessa	1
muulla terveyskeskuslääkärillä	1
työterveyslääkärillä	1
mielenterveystoimiston lääkärillä	1
koulun tai oppilaitoksen lääkärillä	1
Hatanpään päivystysaseman lääkärillä	1
TAYS:n ensiavun lääkärillä	1
yksityislääkärillä	1
sairaalan erikoispoliklinikan lääkärillä (Hatanpää, TAYS)	1
muulla lääkärillä, millä? _____	1

35. Kävittekö viime vuonna hammaslääkärissä?

- 1 en
- 2 kyllä, kuinka monta kertaa? _____

36. Missä kävitte hammaslääkärin vastaanotolla viime vuonna?

kyllä

terveyskeskuksessa	1
yksityisellä hammaslääkärillä	1
muulla hammaslääkärillä (esim. YTHS)	1

37. Kävittekö viime vuonna sairauden takia sairaanhoitajan tai terveydenhoitajan vastaanotolla?

- 1 en
- 2 kyllä, kuinka monta kertaa? _____

38. Missä kävitte sairaanhoitajan tai terveydenhoitajan vastaanotolla viime vuonna?

kyllä

lääkäri- tai terveysasemalla	1
äitiys- tai lastenneuvolassa	1
työterveyshuollossa	1
koulun tai oppilaitoksen terveydenhoitajalla	1
aikuisneuvolassa	1
mielenterveystoimistossa	1
muualla (esim. perheneuvola, diabetesneuvola)	1

39. Käytittekö viime vuoden aikana Tampereen kaupungin terveystalujen puhelinneuvontaa (puh. 10023)?

- 1 en
- 2 kyllä

40. Käyttittekö viime vuoden aikana terveystalvelujen nettineuvontaa "Teuvo neuvoo"?

- 1 en
- 2 kyllä

41. Jos käyttitte terveystalvelujen puhelin- tai nettineuvontaa, miten tyytyväinen olette niiden tarjoamiin talveluihin kouluarvosana-asteikolla 4 - 10?

	huono					kiitettävä		
puhelinneuvonta 10023	4	5	6	7	8	9	10	
nettineuvonta "Teuvo neuvoo"	4	5	6	7	8	9	10	

42. Saitteko viime vuonna mielestänne riittävästi apua tai hoitoa omiin sairauksiinne ja oireisiinne Tampereen kaupungin järjestämistä kunnallisista terveydenhuollon talveluista?

- 1 täysin riittävästi
- 2 melko riittävästi
- 3 en osaa sanoa
- 4 melko riittämättömästi
- 5 täysin riittämättömästi
- 6 en käyttänyt kunnallisia terveystalveluja viime vuonna

43. Miten tyytyväinen olette seuraaviin viime vuonna käyttämiinne Tampereen kaupungin järjestämiin terveystalveluihin?

	hyvin tyytyväinen	melko tyytyväinen	en osaa sanoa	melko tyytymätön	hyvin tyytymätön	en käyttänyt
Omalääkäri.....	1	2	3	4	5	6
Sairaanhoidajan vastaanotto lääkäriasemalla	1	2	3	4	5	6
Hatanpään päivystys- asema	1	2	3	4	5	6
Hatanpään erikois- lääkäripoliklinikka.....	1	2	3	4	5	6
Mielenterveys- toimisto.....	1	2	3	4	5	6
Äitiysneuvola	1	2	3	4	5	6
Lastenneuvola.....	1	2	3	4	5	6

44. Käyttittekö viime vuonna seuraavia Tampereen kaupungin järjestämiä sosiaalipalveluja?

	kyllä	en, mutta olisin tarvinnut	en tarvinnut
1) lasten päivähoitopalvelut (päiväkotihoido, perhepäivähoito, leikkitoiminta)	1	2	3
2) lapsiperheiden kotipalvelu	1	2	3
3) vanhusten kotipalvelu tai tukipalvelut (ateria-, siivous-, turva-, kuljetus- ja hygieniapalvelut)	1	2	3
4) sosiaalityöntekijöiden vastaanotto	1	2	3
5) toimeentulotukiasioiden hoito	1	2	3
6) vammais- ja kehitysvammapalvelut	1	2	3
7) vanhusten palvelukeskukset, päiväkeskustoiminta ja korttelikerhot	1	2	3

45. Miten tyytyväinen olette viime vuonna saamiinne kunnallisiin sosiaalipalveluihin?

Merkitkää sen palvelun numero, jota edellisessä kysymyksessä ilmoititte käyttäneenne ja arvioikaa tyytyväisyyttänne kyseiseen palveluun.

Palvelun numero	hyvin tyytyväinen	melko tyytyväinen	en osaa sanoa	melko tyytymätön	hyvin tyytymätön	en käyttänyt
_____	1	2	3	4	5	6
_____	1	2	3	4	5	6
_____	1	2	3	4	5	6
_____	1	2	3	4	5	6

MIELIPITEITÄNNE SOSIAALI- JA TERVEYSPALVELUISTA

46. Seuraavassa on yleisiä sosiaali- ja terveystalveluja koskevia väittämiä, joista ihmisillä on erilaisia mielipiteitä. Mitä mieltä Te olette niistä?

Rengastakaa mielipidettänne parhaiten kuvaava vaihtoehto.

	täysin samaa mieltä	jonkin verran samaa mieltä	jonkin verran eri mieltä	täysin eri mieltä	en osaa sanoa
valtion ja kunnan tulisi tuottaa väestön tarvitsemat sosiaali- ja terveystalvelut.....	1	2	3	4	5
yksityisiä tai kaupallisia sosiaali- ja terveystalveluja tulisi lisätä ja vähentää julkista palvelua	1	2	3	4	5
kansalaisjärjestöjen ja vapaaehtoisten ryhmien tulisi ottaa entistä enemmän vastuuta ihmisten hyvinvoinnista.....	1	2	3	4	5
jokaisen ihmisen vastuuta omasta ja omaistensa suoriutumisesta ja hyvinvoinnista tulisi lisätä.....	1	2	3	4	5

47. Mitä mieltä olette seuraavista ajankohtaisista ja erilaisia mielipiteitä herättävistä väittämistä, jotka koskevat Tampereen kaupungin sosiaali- ja terveystalvelujen järjestämistä ja rahoitusta?

	täysin samaa mieltä	jonkin verran samaa mieltä	jonkin verran eri mieltä	täysin eri mieltä	en osaa sanoa
sosiaali- ja terveystalveluja tulisi entistä enemmän kilpailuttaa.....	1	2	3	4	5
asiaksmaksuja voisi korottaa sosiaali- ja terveystalvelujen turvaamiseksi.....	1	2	3	4	5
veroja voisi korottaa sosiaali- ja terveystalvelujen turvaamiseksi.....	1	2	3	4	5
nykyiset kaupungin järjestämät palvelut takaavat turvallisen vanhenemisen.....	1	2	3	4	5

HUOLEN AIHEET JA SOSIAALINEN TURVALLISUUS

48. Missä määrin seuraavat asiat aiheuttavat Teille huolta tai turvattomuuden tunnetta? Vastatkaa jokaiseen kohtaan riippumatta siitä, koetteko asiasta huolta vai ette.

	ei lainkaan	jonkin verran	melko paljon	hyvin paljon	en osaa sanoa
oma terveys.....	1	2	3	4	5
toimeentulo-ongelmat.....	1	2	3	4	5
väkivallan pelko.....	1	2	3	4	5
työttömyys tai sen uhka.....	1	2	3	4	5
asumisen epävarmuus, asumisolot.....	1	2	3	4	5
päihteiden käyttö lähipiirissä.....	1	2	3	4	5
yleinen alkoholin käytön lisääntyminen.....	1	2	3	4	5
ihmisten välinpitämättömyys toisistaan.....	1	2	3	4	5
läheisen ihmisen sairaus tai vamma.....	1	2	3	4	5
työssä jaksaminen, työstressi.....	1	2	3	4	5
terveystalvelujen saanti.....	1	2	3	4	5
sosiaalitalvelujen saanti.....	1	2	3	4	5
yksinäisyys, yksin jäämisen pelko.....	1	2	3	4	5
huoli itsenäisestä selviytymisestä.....	1	2	3	4	5
lasten tai lastenlasten tulevaisuus.....	1	2	3	4	5
oman paikan löytäminen yhteiskunnassa.....	1	2	3	4	5
muu, mikä?	1	2	3	4	5

49. Kun ajattelette aikaa kolme vuotta sitten ja vertaatte sitä nykyhetkeen, onko elämisenne turvallisuus siitä...
- 1 selvästi parantunut
 - 2 jonkin verran parantunut
 - 3 ei muutosta kolmen vuoden aikana
 - 4 jonkin verran huonontunut
 - 5 selvästi huonontunut

ASUINYMPÄRISTÖ

50. Millaisena pidätte omaa asuinaluettanne?

Vastatkaa seuraaviin väittämiin sen mukaan, kuinka hyvin ne teidän kohdallanne pitävät paikkansa.

	täysin samaa mieltä	jokseenkin samaa mieltä	hiukan eri mieltä	täysin eri mieltä	en osaa sanoa
Asuinalue on siisti ja viihtyisä	1	2	3	4	5
Asuinalueella on turvatonta liikkua jalkaisin liikenteessä	1	2	3	4	5
Asuinalue on lapsille hyvä kasvu- ympäristö	1	2	3	4	5
Asuinalueella on huonot päivittäispalvelut	1	2	3	4	5
Asuinalueella on riittävästi viheralueita.....	1	2	3	4	5
Asuinalueella esiintyy häiritsevästi pahoja hajuja tai ilman saasteita	1	2	3	4	5
Asuinalueella on vireää asukasyhteis- työtä tai hyvät naapuruussuhteet	1	2	3	4	5
Asuinalueella esiintyy häiritsevästi liikenteen melua	1	2	3	4	5
Asuinalueella on hyvät joukkoliikenne- yhteydet.....	1	2	3	4	5

51. Pelkäätkö liikkua asuinalueellanne ulkona yksin iltaisin?

- 1 en yleensä liiku yksin iltaisin ulkona
- 2 en koskaan pelkää
- 3 pelkään silloin tällöin
- 4 pelkään usein
- 5 en liiku yksin iltaisin ulkona, koska pelkään

52. Jouduitteko viime vuonna (2004) väkivallan tai pelottavien uhkausten kohteeksi omalla asuinalueellanne?

- 0 en kertaakaan
- 1 yhden kerran
- 2 kaksi kertaa
- 3 kolme kertaa tai useammin

KIITOS VASTAUKSISTA JA VAIVANÄÖSTÄ!